

Guru Nanak International Public (Senior Secondary) School
Model Town, Ludhiana
Syllabus of Balvatika - 1
Session 2025-26
INDEX

Sr. No.	Contents	Page No.
1.	Introduction of Assessment Technique	2
2.	List of Books	3
3.	Periodic - I Syllabus (April to September)	4-11
4.	Curriculum Activities Periodic I [April to September]	12
5.	Periodic - II Syllabus (October to December)	13-18
6.	Curriculum Activities Periodic II [October to December]	19
7.	Periodic - III Syllabus (January to March)	20-23
8.	Curriculum Activities Periodic III [January to March]	24
9.	Activity Calendar	27
10.	Tiffin Menu	28

SYLLABUS OF BALVATIKA-1 SESSION - 2025-2026

Introduction

The current curriculum has been prepared according to the pattern laid by C.B.S.E. The main focus is on the overall development of the child. A child should be happy fulfilled and excited to learn new things. Self-esteem and confidence should also develop as a part of the learning process.

Parents are requested not to send any extra book or notebook in their ward's bag. Books to be carried in the bag of the child everyday are.

* English Reading Book and Diary.

Books to be kept in the school - English Written Book, Maths Written Book, Colouring Workbook, Pattern Book, Scrap Book, Slate, Maths Notebook and English Notebook.

Assessment Technique :

Evaluation and teachings go hand in hand. Our assessment technique has been designed to evaluate child's all round development and day to day performance in the class our aim is teaching by doing.

1. The child will be assessed on various competencies based on class activities as well as written class tests that will be conducted at the end of every month. Written tests will be shared with the parents only on Parents Teacher Meet.
 2. Assessment will be based on the holistic perspective which is concerned with the development of every child's social, emotional, physical, artistic, creative, spiritual and intellectual potentials.
 3. General Assessment will be based on the following points:
 - i) Neatness of school uniform, books, notebooks and handwriting.
 - ii) General behaviour of the child in the class which includes discipline, attentiveness in the class, respect for their teachers and elders, care for school property.
 - iii) Response in the class
 - iv) Regularity and Punctuality
 - v) Participation in various class activities.
 4. The assessment will be a continuous process and the cumulative result will be given at the end of three Periodic Tests.
- * Love, understanding, support and encouragement make education interesting and adventurous for children.
The joyous journey not only develop their intellectual capabilities but also helps them to become successful human beings.
- * Every Friday is no bag day. Children should not carry books in their bag on Friday. To develop self-confidence in the children Mike activities will be conducted through out the year. These Mike activities will be compulsory for all the students. Parents are requested to help their child to prepare the topics given for the Mike activity.

List of Books Prescribed For the Session (2025-26)
Balvatika-1

Subject		Name of the Book
1.	English Reading Book	Sing the Alphabet
2.	English Writing Book	Alphabet Print Capital Letters
3.	Pattern Book	Early Skills Patterns
4.	Maths Writing Book	Numbers for Me 1 - 20
5.	Colouring Book	Wings of Art

Syllabus of Balvatika-1 Session (2025-26)

APRIL

Theme : Myself

ENGLISH	MATHEMATICS				
English Reading : Alphabet 'A', 'B' & 'C' will be introduced with the Phonic Sound with help of flash cards Recognition : Alphabet A, B & C English Oral : A - Z English Rhymes : 1. Ten little fingers, ten little toes Two little ears, one little nose Two little eyes that shine so bright One little mouth to kiss mummy Good Night 2. Early to bed, Early to rise Makes a man, Healthy, Wealthy and Wise 3. Me, Myself and I we went to the kitchen and ate a pie, Then my mother, she came in and chased us out with a rolling pin.	Number Work : Concept of 0, 1 and 2 will be introduced by using flash cards. Counting : 1 - 10 (By count and tell) Recognition : 0, 1 and 2 <tr> <th colspan="2" data-bbox="910 593 1699 642">PARAGRAPH (MYSELF)</th></tr> <tr> <td colspan="2" data-bbox="910 644 1699 862"> I am a boy/ girl. My name is _____ I am four years old. I study in balvatika 1 _____ The name of my school is Guru Nanak International Public School. </td></tr>	PARAGRAPH (MYSELF)		I am a boy/ girl. My name is _____ I am four years old. I study in balvatika 1 _____ The name of my school is Guru Nanak International Public School.	
PARAGRAPH (MYSELF)					
I am a boy/ girl. My name is _____ I am four years old. I study in balvatika 1 _____ The name of my school is Guru Nanak International Public School.					

HINDI POEMS

1. रोज सवेरे उठना अच्छी आदत है।
फल सबजियाँ खाना, अच्छी आदत है।
खाने से पहले हाथ धोना, अच्छी आदत है।
समय से पढ़ना अच्छी आदत है।
इस सबको जो पूरा करे वो अच्छा बच्चा है।

2. बनुगाँ मैं एक सिपाही
सीमा पर मैं जाऊगाँ
दुश्मन हो जो मेरे
देश का उसको मार भगाऊगाँ

GENERAL KNOWLEDGE	CONVERSATION
Action Words : Clapping, crying, drinking, eating, sleeping, running, brushing, throwing, laughing, driving, pulling, washing, sneezing, coughing, closing, opening, knocking, crawling and kicking Parts of the Body : Head, eyes, nose, lips, ears, tongue, arms, legs, shoulders. Name three magical words : Thankyou, Sorry, Please	Q1. What is your name ? Ans. My name is _____. Q2. Who are you ? Ans. I am a boy/ girl. Q3. What do you like to eat? Ans. I like to eat sweets & ice-cream. Q4. How many hands do you have? Ans. I have two hands. Q5. What do you smell with? Ans. I smell with my nose.
DIVINITY	
Mool Mantar Path Q. What is the name of first Guru ? A. The name of the first Guru is Sri Guru Nanak Dev ji.	
SHAPE AND COLOUR	ART
Shape - Circle Colour - Red 	Smiling Face 

Syllabus of Balvatika-1 Session (2025-26)

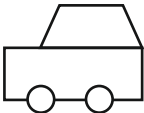
MAY

Theme : Means of Transport

ENGLISH	MATHEMATICS				
English Reading : Alphabet D, E & F will be introduced with the Phonic Sound using flash cards Recognition : Alphabet D, E, F by writing it on a slate and practice book English Oral : A - Z 1. Row-Row-Row your boat gently down the stream merily-merily-merily merily Life is but a dream. 2. The wheels on the bus go round and round, All through the town. The doors on the bus go open and shut, open and shut. All through the town. The horn on the bus go beep, beep, beep, All through the town. 3. Aeroplane-Aeroplane up in the sky where are you going flying so high Over the hills, and over the sea. Aeroplane, Aeroplane please take me.	Number Work : Concept of 3, 4 and 5 will be introduced by writing it on a slate and practice book. Recognition : Digit 3, 4 & 5 Oral Counting : 1 - 15 (count and tell) <tr> <th colspan="2" data-bbox="910 592 1699 641">PARAGRAPH - ON CAR</th></tr> <tr> <td colspan="2" data-bbox="910 641 1699 862"> A car is a road vehicle. It has four wheels. It needs fuel to run. Cars mostly have five seats Cars make our journey fast. </td></tr>	PARAGRAPH - ON CAR		A car is a road vehicle. It has four wheels. It needs fuel to run. Cars mostly have five seats Cars make our journey fast.	
PARAGRAPH - ON CAR					
A car is a road vehicle. It has four wheels. It needs fuel to run. Cars mostly have five seats Cars make our journey fast.					

HINDI POEMS

- | | | |
|--|--|--|
| <p>1. लाल बत्ती कहती थम,
चलते-चलते रुकते हम।
पीली बताए होशियार,
चलने को हो जाओ तैयार,
हरी बताए चलते जाओ,
आगे, आगे बढ़ते जाओ।</p> | <p>2. लाल पीली मोटर,
मैं उसका ड्राइवर,
गाड़ी, चलाऊँगा,
घूमने जाऊँगा।
हार्न बजाऊँगा,
पी-पी-पी-पी।</p> | <p>3. रेलगाड़ी चलती छुक-छुक-छुक
सिगनल कहता रुक-रुक-रुक।
पतली सी पटरी पर चलती,
तेज भागती नहीं फिसलती।
जैसे ही होती सिगनल पार
पकड़ लेती तेज रफतार!</p> |
|--|--|--|

GENERAL KNOWLEDGE	CONVERSATION
Means of Transport - Car bus, scooter, van, auto-rickshaw train, aeroplane, ship. Q. How do you go to school? Ans. I go to school by van . Q. Who flies an aeroplane? Ans. A Pilot flies an aeroplane. Q. How many wheels does a bicycle have? Ans. A Bicycle has two wheels.	Q1. Name the vehicles that don't need any fuel to run. Ans. Bicycle, Tonga, Boat, Bullock Cart. Q2. On what does a train runs? Ans. A train runs on the tracks. Q3. Name some of the water transport. Ans. Boat, ship, steamer. Q4. How many wheels does a car have? Ans. A car has four wheels.
DIVINITY	
Mool Mantar Path Q. What is the name of the first Guru ? A. Name of the first Guru is Sri Guru Nanak Dev ji. Q. What is the name of this tenth Guru? A. Name of the tenth Guru is Sri Guru Gobind Singh ji.	
SHAPE AND COLOUR	ART
Shape - Square  Circle  Colour - Red Green (Light + dark green)	Car 

Syllabus of Balvatika-1 Session (2025-26)

JULY AND AUGUST

Theme : Healthy Food

ENGLISH	MATHEMATICS
English Reading : Alphabet G, H & I will be introduced with the Phonic Sound and by using flash cards Recognition : Alphabet G, H, I by writing it on a slate and on practice book English Oral : A - Z English Rhymes 1. A for Apple Round and sweet Red, red apple So good to eat 2. Fruits & Vegetables are good for me. I just love them as you can see. Apple, Mango, banana, Yum... Yum... Carrots, spinach, beans yum...yum... Strawberries, peaches and oranges too I will eat and say yahoo....	Number Work : 1 to 8 writing on a slate and practice book. Maths Oral : 1-20 (count and tell) Recognition : Digits 1 to 8 SONG ON पौष्टिक भोजन पौष्टिक भोजन खाओ तुम दाल और चावल है गरम-गरम रोटी खा लो नरम-नरम सब्जी तो बड़ी लाजवाब खाने में आ जाए स्वाद ऐसा खाना अगर खाओगे, ताकतवर हो जाओगे पीजा बर्गर सब बेकार, कर देंगे तुमको बीमार
HINDI POEMS	
1. ठीक समय पर खाना खाओ जल्दी क्या है, धीरे खाओ चबा चबा कर खाना खाओ सेहत अपनी खूब बनाओ। 2. नन्हें-नन्हें प्यारे बच्चो जो खाना तुम खाते हो उनमें सब सब्जी भी खाओ, क्यों तुम नाक चढ़ाते हो! सुन्दर स्वस्थ शरीर बनेगा हो जाएगा तेज दिमाग। लोकी, तोरी, खीरा, गोभी ओर खाओ सरसो का साग	

GENERAL KNOWLEDGE	CONVERSATION
Fruits Name - Apple, Mango, Banana, Orange, Grapes, pineapple, Kiwi, Litchi and strawberry Vegetables Name - Tomato, Potato, Onion, Carrot, Radish, Lady's finger, Peas and Capsicum. Q. Which vegetable has crown on its head? Ans. Brinjal Q. Which vegetable looks like a flower? Ans. Cauliflower	Q1. Which fruit do you like the most ? Ans. I like _____ the most. Q2. Which fruit is the king of the fruits? Ans. Mango is called the king of the fruits. Q3. Name some healthy food. Ans. Fruits, Vegetables, cereals and pulses are some of the healthy food. Q4. Which fruit comes in a bunch? Ans. Grapes comes in a bunch. Q5. Which fruit is the national fruit of India? Ans. Mango is the national fruit of India.
DIVINITY	
Mool Mantar Path Q. What is the name of the first Guru ? A. Name of the first Guru is Sri Guru Nanak Dev ji. Q. What is the name of the tenth Guru ? A. Name of the tenth Guru is Guru Gobind Singh ji.	
SHAPE AND COLOUR	ART
Shape -    Triangle, Circle, Square Colour - Yellow, Green, Red	Orange 

Syllabus of Balvatika-1 Session (2025-26)

SEPTEMBER

Theme : My Family

ENGLISH		MATHEMATICS	
English Reading : Alphabet J, K & L will be introduced with the Phonic Sound flash cards Recognition : Alphabet J, K, L English Oral : A - Z English Written : A, B, C and D English Rhymes : 1) Father, Mother, Brother, Sister, Grand father and Grand mother too we all live & help one another as all other families do. 2) Mummy and Daddy I love you Come to me when I call you. Give me kiss when ask you Mummy I love you. 3) I have a family, I have a mother, I have a sister, I have a brother, we live together, We love each other		Number Work : Concepts of 1 to 10 writing it on the note book. Counting : 1-30 (count and tell) Recognition : Digits 6 & 7	
		MY MOTHER	
		My mother's name is Mrs. She is years old She is active and smart She cooks food for the family I love my mother very much	
HINDI POEMS			
1. ये हैं मेरे, दादा दादी, रखते सबका ध्यान है। यें हैं मेरे मम्मी पापा, करते बहुत काम है। ये है मेरी छोटी बहना नटखट और शैतान है। 2. मेरी मम्मी कितनी अच्छी, मीठे गीत सुनाती है। मेरे पापा कितने अच्छे, मीठे फल वो लाते हैं। मेरा भैया कितना प्यारा, रुप सजीला जिसका न्यारा, मेरी बहन कितनी प्यारी, हम सबकी है वो राज दुलारी 3. छोटा सा परिवार हमारा नन्हा-नन्हा, प्यारा-प्यारा मिल-जुल के हम रहते-इसमें छोटा सा परिवार हमारा नन्हा-नन्हा, प्यारा-प्यारा			

GENERAL KNOWLEDGE	CONVERSATION
Q1. Who cooks food for your family? Ans. My mother cooks food for the family. Q2. Who goes to the market to buy things? Ans. My (father/mother) goes to the market to buy things. Q3. Who keeps the house neat and tidy? Ans. I help my (mother/father) to keep house neat and tidy. Q4. Who packs your school bag? Ans. My (father/mother) helps me to pack my bag. Q5. What is your mother? Ans. My mother is a Q6. What is your father? Ans. My father is.....	Q1. What is your father's name? Ans. My father name is Q2. What is your mother's name? Ans. My mother name is Q3. How old are you? Ans. I am Q4. How many members are there in your family? Ans. There are members in my family. Q5. Do you have any sibblings? Ans. I have sibblings
DIVINITY	
Q1. What is the Name of the first Guru? A. The Name of the first Guru is Sri Guru Nanak Dev ji Q2. What is the name of this tenth Guru? A. The tenth Guru is Guru Gobind Singh ji Q3. What is the name of the present Guru of sikhs? Ans. The present guru of the sikhs is Guru Granth Sahib ji Q4. Mool Mantar Path.	
SHAPE AND COLOUR	<u>ART</u>
Shape -  Rectangle, Triangle, Square, Circle and Semi-circle Colour - Pink, Blue, Yellow, Green, Red, Purple and Silver	Drawing : Home 

COMPETENCY BASED CURRICULUM ACTIVITIES FOR PERIODIC - I (SESSION - 2025-26)

APRIL	MAY
* Self Introduction * Hand Wash Activity * Hand Imprint * The sheet with different faces were drawn, on it the student will according to their feelings will circle the face. * Sitting in a circle and discussing conversation questions. (Orals)	* Students will bring any toy related to transport and will speak two lines about it * Circle the transport with two wheels/four wheels on a sheet * Students will hold one another to make a train and move around * Paper boat will be made and children will float it in a tub filled with water. * Clay Modelling (Make a car, rocket) * Tricycle Race * Mother's Day card making
JULY & AUGUST	SEPTEMBER
* Fruit Party * Healthy food in the tiffin box * Plant a sapling or sowing seed * How to buy fruits & vegetables from the green grocer. * The face when you eat the food (sheet will be provide) * To paste a picture of any one fruit or vegetable and say two lines on it * Hurdle Race (to be completed to get the Fruit)	* Origami - Cut some papers in shape & circle, triangle etc to be paste in then a shapes book. * Painting activity to grab yourself. * Family Tree (Children will color the picture of the tree and paste pictures (family members) * Child will speak few lines on the paragraph My Mother.

Syllabus of Balvatika-1 Session (2025-26)

OCTOBER

Theme : Seasons

ENGLISH	MATHEMATICS				
English Reading : Alphabet M,N,O,P ,will be introduced with the help of flash cards and pictures Recognition : Alphabet M, N, O, P English Written : E, F, G English Rhymes : 1. Flowers have petals open wide Stars have gone away to hide Pussy sleeping on the stool It is the time to go to school 2. Roses are Red Violets are Blue Sugar is sweet And so are you 3. Winter, winter cold and ice A mug of hot chocolate, would be nice Winter, winter long dark nights, Kids bundle up, for snowball fights	Number Work : Concepts of 1-10 by writing it on the note book. Counting : 1-40 (count and tell) Recognition : Digits 8 and 9 <tr> <th colspan="2" data-bbox="910 487 1699 533">SONG (WINTER SONG)</th></tr> <tr> <td colspan="2" data-bbox="910 534 1699 862"> Lets sing a winter song - 2 The days are short The nights are long Lets sing a winter song The winter wind is cold-2 It freezes noses, ears & toes Lets sing a winter song </td></tr>	SONG (WINTER SONG)		Lets sing a winter song - 2 The days are short The nights are long Lets sing a winter song The winter wind is cold-2 It freezes noses, ears & toes Lets sing a winter song	
SONG (WINTER SONG)					
Lets sing a winter song - 2 The days are short The nights are long Lets sing a winter song The winter wind is cold-2 It freezes noses, ears & toes Lets sing a winter song					

HINDI POEMS

1. सर्दी का मौसम जब आए
सर्द हवाएं संग लाए
सूरज चाचा बादली में छुप कर
देर से अपना मुख दिखाए।

2. गर्मी आई, गर्मी आई,
घर-घर में यह पंखा लाई
सबको पास बुलाता पंखा,
मीठी नींद सुलाता पंखा।
ठंडी हवा खिलाता पंखा,
सबके मन को भाता पंखा।

3. पानी बरसा छम-छम-छम
छाता लेकर निकले हम
पाँव फिसल गया, गिर गए हम
नीचे छाता ऊपर हम
उड़ गया छाता, रह गए हम
पानी बरसा छम-छम-छम!

GENERAL KNOWLEDGE	CONVERSATION
Q1. In which season leaves change colour? Ans. Autumn season Q2. In which season we eat mangoes? Ans. We eat mangoes in summer. Q3. What grows in spring season? Ans. New beautiful leaves & colourful flowers grows in spring season. Q4. In which season you can build a snowman? Ans. In winter season we can build a snowman. Q5. What do you drink during winter? Ans. We drink hot milk, tea and hot coffee.	Q1. How many seasons are there in a year? Ans. There are five seasons in a year..... Spring, Summer, Rainy, Autumn and Winter Q2. In which season we use woollen clothes? Ans. We use woollen clothes in winter. Q3. Which is your favourite season? Ans. My favourite season is Q4. Which season is hot and bright? Ans. Summers are hot and bright. Q5. Which season is cool and dry? Ans. Winters are cool and dry.
DIVINITY	
Q. What are the names of the four sahibzadas? Ans. Names of the four sahibzades are : 1. Baba Ajit Singh Ji 2. Baba Jujhar Singh Ji 3. Baba Zorawar Singh Ji 4. Baba Fateh Singh Ji Q. First Pauri (Japji Sahib)	
SHAPE AND COLOUR	ART
Shape -       Cube, Rectangle, Triangle, Square, Circle and Semi-circle Colour - Orange, Pink, Blue, Yellow, Green, Red, Purple and Silver	Drawing - Tree 

Syllabus of Balvatika-1 Session (2025-26)

NOVEMBER

Theme : Festivals

ENGLISH	MATHEMATICS				
English Reading : Alphabet Q, R, S and T will be introduced with the help of flash cards and pictures Recognition : Alphabet Q, R, S, and T English Written : A - L English Rhymes : 1) Festivals festivals, here they come, Brings so much joy and so much fun. All the kids dance on their feet Festivals Festivals here they come Brings so much joy and so much fun. 2) Dum, dum, dum Holi has come Red, yellow, green The colours fall on me Run, run, run Away you run here come the colours, from the water gun. Dum, dum, dum Holi has come I like Holi, It's great fun!	Number Work : Concepts of 1-10 by writing it on the note book Counting : 1-50 (count and tell) Recognition : Digits 1-10 <tr> <th colspan="2" data-bbox="910 515 1699 564">ESSAY (बसन्त पंचमी)</th></tr> <tr> <td colspan="2" data-bbox="910 564 1699 862"> बसन्त आई, बसन्त आई, आसमान में पंतग उड़ाई, पीले कपड़े, पीले फूल, सूरज निकला, सदी गुल बसन्त आई, बसन्त आई </td></tr>	ESSAY (बसन्त पंचमी)		बसन्त आई, बसन्त आई, आसमान में पंतग उड़ाई, पीले कपड़े, पीले फूल, सूरज निकला, सदी गुल बसन्त आई, बसन्त आई	
ESSAY (बसन्त पंचमी)					
बसन्त आई, बसन्त आई, आसमान में पंतग उड़ाई, पीले कपड़े, पीले फूल, सूरज निकला, सदी गुल बसन्त आई, बसन्त आई					

HINDI POEMS

- 1) आई दिवाली, आई दिवाली,
आई दिवाली रे।
दीप जलाओ, खुशी मनाओ
आई दिवाली रे।
खूब चले फुलझंडी पटाखें,
आई दिवाली रे।
सबको बाँटो खूब मिठाई
आई दिवाली रे।

2) लोहड़ी आई लाहड़ी आई,
सब लोगों को खूब बधाई।
मस्तानों की टोली ने
धूम बड़ी मचाई,
लोहड़ी आई लोहड़ी आई।

<u>GENERAL KNOWLEDGE</u>	<u>CONVERSATION</u>
Q1. Which festival is popularly known as the festival of lights? Ans. Diwali is known as the festival of lights. Q2. Who celebrate the festival of Easter? Ans. Christians celebrate the Easter festival. Q3. Which day is celebrated on 15th Aug every year? Ans. Independence Day Q4. Which sacred festival of the sikh community marks the birth of the first sikh Guru? Ans. Guru Nanak Dev Ji's Gurupurab. Q5. Which festival do muslims celebrate? Ans. Muslims celebrate EID	Q1. Which festival is commonly known as 'The festival of colour'? Ans. Holi Q2. What is the colour of leaves? Ans. The colour of the leaves are green. Q3. In which city do you live? Ans. We live in Ludhiana city. Q4. Where is Taj Mahal situated? Ans. In Agra Q5. Which is your favourite festival? Ans. My favourite festival is Q6. Which festival is known as festival of brotherhood? Ans. Rakshabandan is known as festival of brotherhood. Q7. Which city is known as the Pink City? Ans. Jaipur is known as the Pink City.
<u>SHAPE AND COLOUR</u>	<u>ART</u>
Shape -  Colour - Black, white, golden, silver, light blue, dark blue, light green, dark green, orange, pink, silver, purple and red.	Kite 

Syllabus of Balvatika-1 Session (2025-26)

DECEMBER

Theme : Wild and domestic animals

ENGLISH	MATHEMATICS				
English Reading : Alphabet U, V & W will be introduced with the help of flash cards and pictures Recognition : Alphabet U, V, & W English Written : A - L English Rhymes : 1) Old macdonald had a farm E-I-E-I-O And on his farm, he had a cow E-I-E-I-O with a moo-moo there Hare moo- moo there Everywhere moo-moo Old macdonold had a farm E-I-E-I-O And on his farm he had a pig E-I-E-I-O And a oink-oink here And a oink -oink there a oink Everywhere oink oink 2) There was a farmer had a dog & Bingo was his name B-I-N-G-O B-I-N-G-O B-I-N-G-O And Bingo was his name	Number Work : Concepts of 10 by writing it on the notebook and fill the missing numbers. Counting : 1-50 (count and tell) Recognition : Digits 1-10 <tr> <th colspan="2" data-bbox="910 515 1699 564">STORY (भूखी लोमड़ी)</th></tr> <tr> <td colspan="2" data-bbox="910 564 1699 865"> एक लोमड़ी भूखी प्यासी, चली दूढ़ने खाना, उसने देखा लटक रहे थे, बड़े-बड़े अंगूर। उछल-उछल कर लगी पकड़ने, हो गई थक कर चूर जाते जाते वह बोली बड़े खट्टे अंगूर। </td></tr>	STORY (भूखी लोमड़ी)		एक लोमड़ी भूखी प्यासी, चली दूढ़ने खाना, उसने देखा लटक रहे थे, बड़े-बड़े अंगूर। उछल-उछल कर लगी पकड़ने, हो गई थक कर चूर जाते जाते वह बोली बड़े खट्टे अंगूर।	
STORY (भूखी लोमड़ी)					
एक लोमड़ी भूखी प्यासी, चली दूढ़ने खाना, उसने देखा लटक रहे थे, बड़े-बड़े अंगूर। उछल-उछल कर लगी पकड़ने, हो गई थक कर चूर जाते जाते वह बोली बड़े खट्टे अंगूर।					

HINDI POEMS

- 1) चिड़िया रानी, बड़ी सयानी
चुगती दाना, पीती पानी।
चीं-ची करती गाना गाती,
फुर्र-फुर्र करके वो उड़ जाती।

2) एक बिल्ली हमारी
कैसे बैठी बिचारी
लगे सबको वो प्यारी
हांजी वाह-वाह-वाह।
चुपके-चुपके से आती
जैसे चूहा पकड़ती
वो तो कुत्ते से डरती
हांजी वाह-वाह-वाह।

3) शेर निराला हिम्मत वाला,
लंबी-लंबी मूँछो वाला।
तेज-नुकीले दाँतो वाला,
सबका दिल दहलाने वाला।
करदे बड़ो-बड़ो को ढेर,
भागो-भागो आया शेर।

<u>GENERAL KNOWLEDGE</u>	<u>CONVERSATION</u>
Q1. Name an animal which has strips on its body. A. Zebra Q2. Name of any 10 domestic animals. A. Dog, cat, cow, horse, sheep, goat, rabbit, buffalo, pig , camel. Q3. Name of any 10 wild animals A. Lion, Tiger, Elephant, Giraffe, Zebra, Bear, Monkey, Kangaroo, fox & deer. Q4. Where do wild animal live? A. Wild animals live in a jungle.	Q1. Which animal catches mouse? Ans. The cat catches mouse. Q2. Which animal gives us wool? Ans. The Sheep gives us wool. Q3. What does duck says? Ans. The Quack-Quack Q4. Which animal has a long neck? Ans. Giraffe has a long neck. Q5. Which animal roars? Ans. Lion and Tiger roars Q6. Who lays eggs? Ans. A hen lays eggs Q7. Which animal gives us milk? Ans. Cow & Buffalo gives us milk.
<u>DIVINITY</u>	
Q. First Pauri Path (Japji Sahib) Q. What is Jai Kara? Ans. Bole Soh Nehal Sat Sri Akal.	
<u>SHAPE AND COLOUR</u>	<u>ART</u>
Shape -  Colour - Black, white, golden, silver, light blue, dark blue, light green, dark green, orange, pink, silver, purple and red.	Cat 

COMPETENCY BASED CURRICULUM ACTIVITIES FOR PERIODIC - II (SESSION - 2025-26)

OCTOBER	NOVEMBER
* Sorting tree activity - Puzzle * Watering of plants in summer season * Count the colours of rainbow * Kick the cans and run (hurdle race) * Hide and seek (count) * A visit to 'Mela'/Hardy's World in Autumn season * Colourful water balloons (to fill water in balloons) and count it. * Hot and cold (touch) also differentiate * Best out of waste	* Handmade cards on festivals diwali etc. * They can play stapu on counting, shapes, Zig Zag or Letters. * Children can Dab Dab different water colours on drawing sheets or on a cloth. * Picture of five kakaars.
	DECEMBER
	* Colour the domestic animals * Match the wild animal with their babies * Match the animals with their house * Join the dots to trace the animals * To show pictures of four Sahibzadas.

Syllabus of Balvatika-1 Session (2025-26)

JANUARY

Theme : My School

ENGLISH	MATHEMATICS				
English Reading : Alphabet X, Y & Z will be introduced with the help of flash cards and pictures Recognition : Alphabet X, Y & Z English Written : A-L and missing letters. English Rhymes : 1) At my school we dance At my school we play At my school we sing And learn all day At my school we draw At my school we run At my school we learn And have fun. 2) Teddy Bear Teddy Bear Turn Around. Teddy Bear Teddy Bear, Touch the ground Teddy Bear, Teddy Bear Polish your shoes, Teddy Bear, Teddy Bear, Go to school 3) Everyday in hot and cold I daily go to school I study the whole day In between I also play.	Number Work : Concepts of 1-10 by writing it on the notebook Counting : 1-50 (count and tell) Recognition : Digits 1-15 <tr> <th colspan="2" data-bbox="908 515 1699 561">ESSAY (MY SCHOOL)</th></tr> <tr> <td colspan="2" data-bbox="908 561 1699 862"> The name of my school is Guru Nanak International Public School. It is in Model Town. It has a big building. It has a big playground. The name of our Principal is Mrs. G.K. Gill. I love my school very much. </td></tr>	ESSAY (MY SCHOOL)		The name of my school is Guru Nanak International Public School. It is in Model Town. It has a big building. It has a big playground. The name of our Principal is Mrs. G.K. Gill. I love my school very much.	
ESSAY (MY SCHOOL)					
The name of my school is Guru Nanak International Public School. It is in Model Town. It has a big building. It has a big playground. The name of our Principal is Mrs. G.K. Gill. I love my school very much.					

HINDI POEMS

- 1) सबसे प्यारा मेरा स्कूल
मन को बहुत भाता है।
जग से न्यारा मेरा स्कूल
मुझको बहुत लुभाता है।

2) छोटी सी मुन्नी
लाल गुलाबी चून्नी
तिले वाला सूट
छोट छोटे बूट
नर्सरी में पढ़ती हूँ।
सबको टा-टा करती हूँ।

3) मेरा स्कूल बड़ा महान,
इससे मिलता विद्या दान।
रोज स्कूल मैं जाता हूँ,
पढ़ लिख कर मैं आता हूँ।

GENERAL KNOWLEDGE	
Q1. What is the name of your class teacher?	
Ans. My class teacher is	
Q2. What does the teacher write with on the black board?	
Ans. The teacher write with chalk on the black board.	
Q3. Where do you throw waste paper in the class?	
Ans. We should throw waster paper in the dustbin.	
Q4. What is the colour & your school bag?	
Ans. The colour of my school bag is red	
DIVINITY	
Q. Name five kakaars.	
Ans. Five kakaars are	
a) Kesh; b) Kanga; c) Kara;	
d) Kirpan; e) Kachhera	
Q. First Pauri (Path Japji Sahib)	
SHAPE AND COLOUR	
Shape -	
	
Cube	
	
Triangle	
	
Square	
	
Oval	
	
Rectangle	
	
Star	
	
Cylindrical	
	
Semi Circle	
Colour - Red, Black, Purple, Yellow, Dark Green, Golden, Silver, Brown, Pink, Light , Green.	

CONVERSATION	
Q1. What is the name of your school?	
Ans. The name of my school is Guru Nanak International Public School.	
Q2. Which class do you read ?	
Ans. I read in Balvatika-1	
Q3. Where is your school ?	
Ans. My school is in Model Town.	
Q4. What is the name of the Principal of Your school?	
Ans. The name of the principal of my school is Mrs. Gurmant Kaur Gill.	
Q5. What is the name of your Headmistress?	
Ans. The name of my Head mistress is Mrs. Navjeet Kaur	
ART	
Drawing : Pencil	

Syllabus of Bal Vatika - 1 Session (2025-26)

FEBRUARY

Theme : Safety Rules

ENGLISH	MATHEMATICS				
English Reading : Alphabet A to Z will be introduced with the help of flash cards and pictures Recognition : Alphabet A-Z English Written : A-P and Missing letters. English Rhymes : 1) Stop, look and listen Before you cross the street Use your eyes, use your ears, Before you step your feet Stop, look and listen. 2) Red light, Red light what do you say? I say stop, stop right way Yellow light, yellow light what do you say? I say wait till the light goes green. green light green light, what do you say I say go go right away	Number Work : Concepts of 1-10 by working them on the notebook, missing number (1-10) Counting : 1-50 (count and tell) Recognition : Digits 1-20 <tr> <th colspan="2" data-bbox="910 515 1699 562">ROAD SAFETY (SONG)</th></tr> <tr> <td colspan="2" data-bbox="910 564 1699 869"> Two little babies crossing the street. First one jumps up on his feet. Mummy said stop when the light is red. When the light turn green can go ahead. Hold my hand and look both ways. Then we will be safe when we cross today. </td></tr>	ROAD SAFETY (SONG)		Two little babies crossing the street. First one jumps up on his feet. Mummy said stop when the light is red. When the light turn green can go ahead. Hold my hand and look both ways. Then we will be safe when we cross today.	
ROAD SAFETY (SONG)					
Two little babies crossing the street. First one jumps up on his feet. Mummy said stop when the light is red. When the light turn green can go ahead. Hold my hand and look both ways. Then we will be safe when we cross today.					

HINDI POEMS

3. रेलगाड़ी चलती
छुक-छुक-छुक
सिगनल कहता
रुक-रुक-रुक।
पतली सी पटरी पर चलती,
तेज भागती नहीं फिसलती।
जैसे ही होती सिगनल पार
पकड़ लेती तेज रफतार!

3) सड़क बड़ी है लम्बी-चोड़ी
उसपर जाती है मोटर दौड़ी
सब बच्चे पटरी पर जाओ
बीच सड़क पर कभी न आओ।

<u>GENERAL KNOWLEDGE</u>	<u>CONVERSATION</u>
Q1. What should we walk to cross the road? Ans. We should walk on zebra crossing to cross the road. Q2. How many lights are there in the traffic light? Ans. There are three lights in the traffic light Red, yellow and green Q3. What is the meaning of 'red' signal? Ans. The red signal means stop.	Q1. Where should we walk on the road? Ans. Always walk on the footpath. Q2. Which side use should walk on road? Ans. We should walk on the right side of the road. Q3. Why do accidents take place? Ans. Due to our carelessness. Q4. Which light tells us to go? Ans. Green Light tells us to go. Q5. Name two activities that can be harmful to you? Ans. (a) Playing on the road. (b) Running on the stairs.
<u>DIVINITY</u>	
Q. Name five kakaars. Ans. Five kakaars are a) Kesh; b) Kanga; c) Kara; d) Kirpan; e) Kachhera Q. First Pauri Path of (Japji Sahib Ji)	
<u>SHAPE AND COLOUR</u>	<u>ART</u>
Shape -  Cylindrical  Cube  Triangle  Square  Oval  Rectangle  Star  Semi Circle  Cone Colour - Red, Black, orange, Brown, Purple, Pink, Maroon, light green, dark green, golden, silver.	Drawing : Traffic lights 

COMPETENCY BASED CURRICULUM ACTIVITIES FOR PERIODIC - III (SESSION - 2025-26)

JANUARY	FEBRUARY
* The students will go to school library, canteen and computer lab, music room. * The students will be given the sheet and they have to circle the things they see in the classroom. * Visit to the principal's office. * Visit to a kitchen garden of school.	* The students will enact like traffic policeman and tell about the traffic lights. * An activity regarding helping others to cross the road (old & needy person) * Different shapes will be placed in the tub, the students will identify similar shapes. * Circle the traffic symbols. (Sheet will be provided)

<u>ACTIVITY CALENDAR (SESSION - 2025-26)</u>	
APRIL	OCTOBER
	* Best out of waste
MAY	NOVEMBER
* Fruit Fiesta * Modelling of Summer wear * Pool Party	* Children's Day Celebration
AUGUST	DECEMBER
* Teej activity * Independence Day celebration * Janamashtami celebration	* Kavi Darbar [on Shaheedi of four Sahibzadas] * Christmas celebration
	JANUARY
	* Lohri Celebration

Healthy Mind Resides in Healthy Body Achieved Through Healthy Food

Dear Parents

Children are very precious to us, so kindly let us all be very careful about their health and eating habits. Please follow the **MENU** that has been prescribed for the children keeping their health and well being in mind:

Monday	:	Stuffed or Plain Parantha with Pulses.
Tuesday	:	Chapati/Prantha with seasonal Green Vegetable with less oil.
Wednesday	:	Brown Bread Vegetable Sandwich.
Thursday	:	Stuffed Prantha (Methi/Paneer/Aloo/Onion etc.)
Friday	:	Idli, Poha, Besan Ka Puda/Dosa or Puri Bhaji (Aloo, Chane)
Saturday	:	Any Bread Item (Sandwich/Bread Jam/French Toast/ Bread Butter and biscuits/cookies)

Note: Strictly follow the given menu and if possible encourage your ward to eat sprouted (whole) pulse in any form. eg: salad, sabzi etc. One seasonal Fruit Slices to be included in the lunch everyday.

AVOID JUNK FOOD