

Guru Nanak International Public (Senior Secondary) School
Model Town, Ludhiana
Syllabus For Class Balvatika-2 (Session - 2025-2026)
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Guru Nanak International Public (Senior Secondary) School
Model Town, Ludhiana
SYLLABUS FOR CLASS BAL VATIKA-2 SESSION - 2025-2026

Introduction

The current curriculum has been prepared according to the pattern laid by C.B.S.E. The main focus is on the overall development of the child. A child should be happy fulfilled and excited to learn new things. Self-esteem and confidence should also develop as a part of the learning process.

Parents are requested not to send any extra book or notebook in their ward's bag Books and notebooks to be carried in the bag of the child everyday are :-

- * English Reading Book
- * EVS Course Book (GK)
- * One English/Maths notebook

Books to be kept in the school - English workbooks, Maths workbook, Colouring workbook and Scrap file

Assessment Technique :

Evaluation and teachings go hand in hand. Our assessment technique has been designed to evaluate child's all round development and day to day performance in the class. Our aim is teaching by doing.

1. The child will be assessed on various competencies based on class activities as well as written class tests that will be conducted at the end of every month. Written tests will be shown to the parents only on Parents Teacher Meet.
 2. Assessment will be based on the holistic perspective which is concerned with the development of every child's social, emotional, physical, artistic, creative, spiritual and intellectual potentials.
 3. General Assessment will be based on the following points:
 - i) Neatness of school uniform, books, notebooks and handwriting.
 - ii) General behaviour of the child in the class which includes discipline, attentiveness in the class, respect for teachers and elders, care for school property.
 - iii) Response in the class
 - iv) Regularity and Punctuality
 - v) Participation in various class activities.
 4. The assessment will be a continuous process and the cumulative result will be given over three Periodic Tests.
- * Love, understanding, support and encouragement make education interesting and adventurous for children.
The joyous journey not only develop their intellectual capabilities but also helps them to become successful human beings.
 - * Every Friday is a no bag day. Children should not carry books in their bag on Friday. To develop self-confidence in the children mike activities will be conducted through out the year. These mike activities will be compulsory for all the students. Parents are requested to help their child to prepare the topics given for the mike activity.

Books Prescribed For Bal Vatika - 2

Subject	Name of the Book
1. English Reading Book	Alphabet Reader for Toddlers
2. English Workbook	a) Fly Finity My Writing Capital Letters b) Fly Finity My Writing Small Letters
3. Maths Workbook	Fly Finity Count Down 1 - 100
4. G.K.	Together with Peek-O-Boo [EVS Magic] Part - B
5. Art	Wings of Art (Part - B)

Syllabus for Bal Vatika - 2 Session (2025-2026)

Theme - Myself and Parts of Body

Month - APRIL

ENGLISH	MATHEMATICS
English Oral - Paragraph - Myself English Reading - Picture reading of page no. 2 to 5 (Letter A and B) English Written : 1. Recapitulation of capital letters A to H 2. Serial writing (A - H) 3. Dictation (A - H) English Recitation - Rhymes 1. Two little eyes. 2. Number rhyme English Workbook : Pg. No. 03 to 13 in capital letter workbook	Maths Oral : Drilling of counting (1 - 20) Maths Written : 1. Recapitulation of numbers (1 - 10) 2. Serial counting (1 - 10) 3. Dictation (1 - 10) 4. Fill in the missing numbers (1-10) Maths Workbook : Page no. 02 to 13 in the number workbook
DIVINITY	PUNJABI ORAL
1. Drilling of Mool Mantar (Japji Sahib) 2. What is the name of the First Guru of sikhs ? Ans. The name of the first Guru of sikhs is Guru Nanak Dev ji. 3. What is Khalsa emblem called? Ans. The Khalsa emblem is called Khanda.	ਕਵਿਤਾ- ਅਰਦਾਸ
	ART
	Shape - Circle Drawing Sun and Flower Colouring - Page no - 3 , 4, 27
	COMPUTER
	Introduction to computers : Its parts and places it is used

GENERAL KNOWLEDGE	CONVERSATION
Topics : My Body Parts, My Food, My Clothes Q1. How many eyes to you have ? Ans. I have two eyes. Q2. What do you see with ? Ans. I see with my eyes. Q3. What do you hear with? Ans. I hear with my ears. Q4. How do you walk? Ans. I walk on my legs. Q5. How many fingers do you have? Ans. I have eight fingers & two thumbs. Q6. How many sense organs do you have? Ans. I have five sense organs Nose, Ear, Eyes, Tongue and Skin. Q7. Which is your favorite food? Ans. My favorite food is..... Q8. Which type of clothes you like to wear in summer season? Ans. I like to wear cotton clothes in summer season Activity Pages [EVS Book]	Topics - Myself, My Toys and Games, My Cartoons Q1. Who are you ? Ans. I am a boy/girl. Q2. What is your name? Ans. My name is Q3. How old are you? Ans. I am years old. Q4. In which class do you study? Ans. I study in Balvatika 2..... Q5. Name of any toys that you like to play with? Ans. I like to play with and..... Q6. What do you like to do with your blocks? Ans. I like to make shapes, house, vehicles with my blocks. Q7. Which is you favourite cartoon character? Ans. The name of my favourite cartoon character is - Page no. 14, 15, 17, 19, 20, 21, 23, 24 and 25

Syllabus for Bal Vatika - 2 Session (2025-2026)

Month - MAY

Theme - My Family and Good Manners

ENGLISH	MATHS
English Oral : Paragraph - My Family English Reading : Picture reading of page no. 6 to 9 (Letter C and D) English Written : 1. Serial writing (A - H) 2. Dictation (A - H) 3. Fill in the blanks (A - H) 4. Match the letter with given picture (A - H) English Recitation - : Rhyme - Good Manners English Workbook : Page no. 14 to 21 in capital Letter workbook	Maths Oral : Drilling of counting (1 - 30) Maths Written : 1. Introduction of number (11 - 20) 2. Serial counting (1 - 20) 3. Dictation (1 - 20) 4. Fill in the missing numbers (1-20) Maths Workbook : Page no. 14 to 25 in the number workbook
DIVINITY	PUNJABI ORAL
1. What is the name of the tenth Guru of the sikhs? Ans. The name of the tenth guru of sikhs is Guru Gobind Singh ji. 2. What is the name of the present Guru of sikhs? Ans. The name of the present guru of sikhs is Guru Granth Sahib ji.	ਕਵਿਤਾ- ਅਬਲੂ ਬਬਲੂ,
	ART
	Drawing - Cat Colouring - Page no 8,9
	COMPUTER Learn to handle a mouse.

GENERAL KNOWLEDGE	CONVERSATION
<u>Topic</u> : My Family Q1. How many members are there in your family? Ans. I have members in my family Q2. What is your mother's name? Ans. My mother's name is Sdn./ Mrs. Q3. What is your father's name? Ans. My father's name is Sr./Mr. Q4. What is your mother's contact number? Ans. My mother's contact number is Q5. What is your father's contact number? Ans. My father's contact number is Q6. How many siblings do you have? Ans. I have siblings. Q7. Where do you live? Ans. I live in Ludhiana. Q8. What is your mother? Ans. My mother is..... Q9. What is your father? Ans. My father is..... Activity Pages [EVS Book] - Page no. 28 and 29	Topic : Good manners and Good Habits Q1. What do you say, when you want to come in ? Ans. May, I come in please Q2. What do you say, when you want to go to washroom? Ans. May, I go to washroom please Q3. What do you say, when you want to drink water? Ans. May, I go to drink water please. Q4. What are three magic words? Ans. The three magic words are 'Thankyou', 'Please' and 'Sorry'. Q5. How do you greet your family members? Ans. I greet my family members by saying 'Sat Sri Akal'. Q6. What do you do before or after taking your meal? Ans. I wash my hands with soap and water before or after taking meals Q7. What should we do when we cough or sneeze? Ans. We should cover our mouth and nose with a hand kerchief when we cough or sneeze and say excuse me Picture Description - My Family (Pg. no. 27 of EVS Magic Book)

Syllabus for Bal Vatika - 2 Session (2025-2026)

Theme - My School, Healthy and Unhealthy Food

Month - JULY

ENGLISH		MATHS	
English Oral	: Paragraph - My School	Maths Oral	: 1. Drilling of counting 1 to 40 2. Reverse counting (10 - 0)
English Reading	: Picture reading of Page no. 10 to page no. 17 (Letter E to H)	Maths Written	: 1. Introduction of numbers 21 to 30 2. Serial counting (1 - 30) 3. Dictation (1 - 30) 4. Fill in the missing numbers (1 - 30) 5. Reverse counting (10 - 0)
English Written:	1. Writing of Capital letters I - P 2. Serial writing (A - P) 3. Dictation (A-P) 4. Fill in the blanks (A-P) 5. Match the letter with the given picture (A-P) 6. What comes after the given letter (A-P)	Maths Workbook	: Page No. 26 to 35 in number workbook.
English Recitation -	Rhymes 1. Teacher, 2. Healthy and Happy poem		
English Workbook:	Page No. 22 to 37 in Capital Letter Workbook.		
DIVINITY		PUNJABI ORAL	
1.	: Drilling of 1 st Pauri of Japji Sahib	ਕਵਿਤਾ- ਮਛਲੀ	
2.	: What are the names of the first five Gurus of the sikhs?		
Ans.	The names of the first five guru's of sikhs are :		
	1 st Guru - Guru Nanak Devji, 2 nd Guru - Guru Angad Devji,		
	3 rd Guru - Guru Amardas ji, 4 th Guru - Guru Ramdas ji,		
	5 th Guru - Guru Arjun Devji		
		ART	
		Shape - Square Drawing - Kite Colouring - Page no. 12 & 13	
		COMPUTER	
		Learn to use Keyboard	

GENERAL KNOWLEDGE	CONVERSATION
Topic - My School Q1. What is the name of your school ? Ans. The name of my school is Guru Nanak International Public School. Q2. Where is your school situated ? Ans. My school is situated in Model Town, Ludhiana. Q3. What is the name of your Principal ? Ans. The name of our Principal is Mrs. Gurmant Kaur Gill. Q4. What is the name of your Vice-Principal ? Ans. The name of our Vice-Principal is Mrs Gurjit Kaur. Q5. What is the name of your Headmistress ? Ans. The name of our Headmistress is Mrs. Navjeet Kaur. Q6. What is the name of your Pre-primary Co-ordinator? Ans. The name of our Pre-primary Co-ordinator is Mrs. Abhineet Sarna. Q7. What is the name of your class teacher ? Ans. The name of our class teacher is Activity Pages [EVS Book] - Page no. 34 to 39, 73, 75, 78, 79	Topic - Healthy and unhealthy food, Shapes and colours Q1. Name two healthy food Items that you like to eat? Ans. The two healthy food items that I like to eat are fruits and vegetables Q2. Name a food that is a wholesome meal? Ans. A food that is a wholesome meal is milk. Q3. Should we eat junk food? Ans. No, we should not eat junk food as it is an unhealthy food. Q4. Name any four shapes? Ans. The names of any four shapes are circle, square rectangle and triangle. Q5. Which colour do you like the most? Ans. I like..... colour the most. Q6. What is the colour of the sky? Ans. The colour of sky is blue. Q.7 How many colours are there in a rainbow ? Ans. There are seven colours in a rainbow.

Syllabus for Bal Vatika - 2 Session (2025-2026)

Theme - Birds, Water, Animals, Fruits & Vegetables

Month - AUGUST

ENGLISH		MATHS	
English Oral	: Story - The fox and the crow	Maths Oral	: 1. Drilling of counting (1 - 50)
English Reading	: Picture reading of Page no. 18 to page no. 25 (Letter I to L)		2. Reverse counting (10 - 0)
English Written:	1. Writing of Capital letters [Q-Z]	Maths Written	: 3. Count by 5's (5-50)
	2. Serial writing (A - Z)		1. Introduction of numbers 31 to 40 and 41 to 50
	3. Fill in the blanks (A-Z)		2. Serial writing 1 to 50
	4. Dictation (A-Z)		3. Dictation (1 - 50)
	5. Match the letter with picture (A-Z)		4. Fill in the missing numbers (1-50)
	6. What comes after the given letter (A-Z)		5. Reverse counting (10-0)
	7. Write first letter of the given picture (A-Z)		6. Count and write (1-10)
	8. Complete the line (A-Z)	Maths Workbook :	Page No. 36 to 40 in number workbook.
English Recitation	Rhymes - 1. The colour of fruits		
	2. Power of vegetables		
English Workbook:	Page No. 38 to 56 in Capital Letter Workbook.		
DIVINITY		PUNJABI	
1. Revision of Mool Mantar and 1st Pauri of Japji Sahib		ਕਵਿਤਾ- ਫਲ ਕਹਾਣੀ ਪਿਆਸਾਂ ਕਾਂ	
2. Who is the founder of sikh religion?			
Ans. The founder of sikh religion is Guru Nanak Dev ji.		ART	
		Shape - Triangle	
		Object - Hut Birthday cap and Tree	
		Colouring - Page no. 5 to 7, 10, 11, 15, 20, 22, 29	
		COMPUTER	
		Introduction to kiddo	

<u>GENERAL KNOWLEDGE</u>	<u>CONVERSATION</u>
Topic : Birds, Water Animals, My connections Q1. Which bird can talk? Ans. A parrot can talk. Q2. Name of any two birds? Ans. The names of two birds are crow and sparrow. Q3. Name the national bird of India? Ans. The peacock is the national bird of India. Q4. Where do the fish live? Ans. The fish lives in the water. Q5. Which is the largest sea animal in the world? Ans. The whale is the largest sea animal in the world. Q6. Name the national aquatic animal of India? Ans. The dolphin is the national aquatic animal of the India. Q7. Name the two parts of the coputer? Ans. The two parts of the computer are mouse and CPU Q8. Which part of computer is used for typing? Ans. The keypad is used for typing. Activity Pages [EVS Book] - Page no. 67, 69, 90, 91, 98, & 99	Topic : Fruits and Vegetables Q1. Name of any two fruits? Ans. The names of any two fruits are apple and grapes. Q2. Which fruit is called the king of fruits? Ans. A mango is called the king of fruits. Q3. Which fruit has no seeds? Ans. Thr fruit which has no seeds is banana. Q4. Which fruit has one seed? Ans. Thr fruit which has one seed in plum Q5. Which vegetables are good for health? Ans. Green vegetables are good for health. Q6. What is the colour of brinjal and tomato? Ans. Thr colour of brinjal is purple and tomato is red. Q7. Name of one green leafy vegetable? Ans. Spinach is a green leafy vegetable. Q8. Which Vegetable looks like a flower. Ans. The Vegetable which looks like a flower is cauliflower.

Syllabus for Bal Vatika - 2 Session (2024-25) Month - SEPTEMBER	
ENGLISH	MATHS
Revision of previous months syllabus	Revision of previous months syllabus
	PUNJABI ORAL
	Revision of previous months syllabus
DIVINITY	ART
Revision of previous months syllabus	Revision of previous months syllabus
	COMPUTER
	Revision of previous months syllabus

<u>GENERAL KNOWLEDGE</u>	<u>CONVERSATION</u>
Revision of previous months syllabus	Revision of previous months syllabus

COMPETENCY BASED ACTIVITIES FOR PERIODIC I (SESSION - 2025-2026)

APRIL	MAY
* Circle Time Activity * Hand Imprinting * Sensory Recognition Activity * A visit to learning centre (To single out favourite toy, game, cartoon character) * Colouring activity	* Family Tree * Self grooming activity * Card Making [Mother's Day] * Mike activity * Hopscotch game
JULY	AUGUST
* A visit to different areas of the school * Sorting activity (Healthy and unhealthy food) * Complete the pattern activity * Feeding the bird activity * Pasting activity (Pictures of first five Guru's of sikhs)	* Story telling * Vegetable and fruit market activity * Origami activity * Letter Hunt Activity. * I know my computers activity. * Relay Race.

Syllabus for Bal Vatika - 2 Session (2025-2026) Theme - Domestic and Wild Animals	
Month - OCTOBER	
ENGLISH	MATHS
English Oral : Story : The Greedy Dog English Reading : Picture reading of Page no. 26 to page no. 33 (Letter M to P) English Written: 1. Writing of small letters a to h 2. Serial writing Aa - Hh [Combined writing of capital and small letter] 3. Dictation (a-h) 4. Fill in the blanks [a-h] 5. What comes after the given letter (a-h) 6. Match the letter with the given picture [a-h] English Recitation : Rhymes - Elephant, Puppy Dog and Higgledy Piggledy English Workbook : Page no. 6 to 21 in small letter workbook	Maths Oral : 1. Drilling of counting 1 to 70 2. Count by 2's (2-20) 3. Number names 1 to 3 [One-1, Two-2, Three-3] Maths Written : 1. Introduction of numbers 51 to 70 2. Serial writing (1 - 70) 3. Dictation (1-70) 4. Fill in the missing numbers (1 to 70) 5. What comes after the given number (0-10) Maths Workbook : Page no. 46 to 48 in number workbook.
	PUNJABI ORAL
	ਕਵਿਤਾ- ਸ਼ੇਰ ਕਹਾਣੀ - ਲੁੰਬੜੀ ਅਤੇ ਅੰਗੂਰ
DIVINITY	ART
1. Introduction to 2 nd Pauri of Japji Sahib 2. Path of Japji Sahib - Mool Mantar to 2nd pauri of Japji Sahib 3. What was the name of Guru Nanak Dev ji's father? Ans. The name of Guru Nanak Dev ji father was Mehta kalu ji.	Shape - Rectangle Object - Candle Colouring Page no. 14, 16, 17, 24, 26
	COMPUTER
	Dictation of letters in Kiddo

<u>GENERAL KNOWLEDGE</u>	<u>CONVERSATION</u>
Topic - Domestic Animals Q1. Which animal give us milk? Ans. The animals which give us milk are cow and buffalo. Q2. Which animal is used for riding? Ans. The animal used for riding is horse. Q3. Which animal is called the ship of the desert? Ans. The camel is called the ship of desert. Q4. Which domestic animal lays egg? Ans. The domestic animal which lays eggs is the hen. Q5. Which animal guards our home? Ans. The animal which guards our home is the dog. Q6. Which animal carries load? Ans. The animal which carries load is a donkey. Q7. Which animal gives us wool? Ans. The sheep gives us wool. Activity Pages [EVS Book] - Page no. 86 & 87	Topic - Wild Animals Q1. Where do wild animals live? Ans. Wild animals live in a forest Q2. Name any two wild animals? Ans. The name of two wild animals are lion and elephant. Q3. Which animal jumps from tree to tree? Ans. The monkey jumps from tree to tree. Q4. Which is the tallest wild animal? Ans. The giraffe is the tallest wild animal. Q5. Which is the biggest land wild animal? Ans. The elephant is the biggest land wild animal. Q6. Name the national animal of India? Ans. The national animal of India is Tiger. Q7. Which animal is called the king of the forest? Ans. The lion is called the king of the forest.

Syllabus for Bal Vatika - 2 Session (2025-2026)

Theme - Plants and Means of Transport

Month - NOVEMBER

ENGLISH	MATHS
English Oral : Paragraph Guru Nanak Dev Ji English Reading : Page no. 34 to page no 41 (Letters Q to T) English Written : 1. Writing of small letters 'i' to 't' 2. Serial writing Aa - Tt (Combined writing of capital and small letter) 3. Dictation (a - t) 4. Fill in the blanks (a-t) 5. Write corresponding small letter for the given capital letter (a-t) 6. What comes after the given letter (a-t) 7. Match the letter with picture (a-t) 8. Write first letter of the given picture (a-t) 9. Complete the line (a-t) English Recitation : Rhyme Go, Go, Go, English Workbook : Page no. 22 to 45 in small letter workbook.	Maths Oral : 1. Drilling of counting 1 to 80 2. Count by 2's (2-20) 3. Number names 4 & 5 (four-4, five-5) Maths Written : 1. Introduction of numbers 71 to 80 2. Serial writing 1 to 80 3. Dictation (1-80) 4. Fill in the missing numbers (1-80) 5. What comes after (0-10) Maths Workbook : Page No. 49 to 53 in number workbook
DIVINITY	PUNJABI ORAL
	ਕਵਿਤਾ ਮੇਰਾ ਸ਼ਹੂਰ
	ART
	Shape - Semi-Circle Object - Leaf Colouring - Page no. 18, 19, 25, 28 in colouring workbook
Q1. What was the name of Guru Nanak Devji's mother? Ans. The name of Guru Nanak Devji's mother was Mata Triptaji. Q2. What is the name of four Sahibzadas? Ans. The name of four Sahibzadas - Baba Ajit Singh ji, Baba Jujhar Singh ji, Baba Zorawar Singh ji, Baba Fateh Singh ji.	COMPUTER
	Dictation of numbers in Kiddo

<u>GENERAL KNOWLEDGE</u>	<u>CONVERSATION</u>
Topic - Parts of plants and flowers, My Safety Q1. Name any two parts of a plant? Ans. The two parts of a plant are leaves and flowers. Q2. Which is the colourful part of a plant? Ans. The colourful part of a plant is a flower.. Q3. Which parts of the plant are green in colour? Ans. The leaves and stem are green in colour. Q4. Which is our national flower? Ans. Our national flower is lotus. Q5. Which flower always faces the Sun Ans. A sunflower always faces the Sun. Q6. Which is you favourite flower? Ans. My favourite flower is. Q7. What are the two rules of safety at school? Ans. The two rules of safety at school are:- 1. Do not rush up and down on the stairs and corridors. 2. Do not push each other while playing. Activity Pages [EVS Book] - Page no. 46, 47, 71, 82, 83, 94, and 95	Topic - Means of Transport and Festivals. Q1. Which is the fastest means of transport? Ans. An aeroplane is the fastest means of transport. Q2. Name of any two land Transport. Ans. The names of two land transport are car and bus. Q3. Name of any two water transport? Ans. The names of two water transport are boat and ship. Q4. Which means of transport runs on the railway track? Ans. A train runs on a railway track. Q5. Name two important festivals of Punjab? Ans. The two important festivals of Punjab are Baishaki and Lohri. Q6. Which festival is called the festival of lights? Ans. Diwali is called the festival of lights. Q7. How do we celebrate Gurpurab? Ans. We celebrate Gurupurab by visiting Gurdwara, Praying and eating Langar.

Syllabus for Bal Vatika - 2 Session (2025-2026) Month - DECEMBER	
ENGLISH	MATHS
Revision of previous months syllabus	Revision of previous months syllabus
	ENGLISH RECITATION
	Revision of previous months syllabus
DIVINITY	ENGLISH RECITATION
Revision of previous months syllabus	Revision of previous months syllabus
	ENGLISH RECITATION
	Revision of previous months syllabus

<u>GENERAL KNOWLEDGE</u>	<u>CONVERSATION</u>
Revision of previous months syllabus	Revision of previous months syllabus

COMPETENCY BASED ACTIVITIES FOR PERIODIC - II (SESSION - 2025-2026)

OCTOBER

- * Show and tell activity
- * Story enactment activity
- * Tear and paste activity
- * Poetry Performance - English / Punjabi rhymes on Domestic / wild Animals
- * Physical activity - Animal race

NOVEMBER

- * Visit to a garden and pot a plant activity
- * Thumb Painting
- * Number Scavenger Hunt
- * Mike activity - Any shabad, sakhi or few lines on Guru Nanak Dev ji
- * The colours of tradition activity
- * Mystery Bag activity
- * Pick and differentiate (Means of transport)

Syllabus for Bal Vatika - 2 Session (2025-2026)

Theme - Our Country & Days of the week Month - JANUARY

ENGLISH		MATHS	
English Oral :	Paragraph - Our Country	Maths Oral	: 1. Drilling of counting 1 to 100 2. Count by 5's (5 to 50) 3. Count by 2's (2 to 20) 4. Number names 6 to 8 (Six-6, Seven-7, Eight-8)
English Reading :	Picture reading of page no. 42 to 47 (Letter V to W)	Maths Written	: 1. Introduction of numbers 81 to 90 2. Serial counting 1 -90 3. Dictation (1-90) 4. Fill in the missing numbers (1 to 90) 5. What comes before (1-10)
English Written :	1. Writing of small letters 'u to z' 2. Serial writing (Aa-Zz) 3. What comes after the given letter (a-z) 4. Match the letter with picture (a-z) 5. Write first letter of the given picture (a-z) 6. Complete the Line (a-z)	Maths Workbook :-	Page no. 56 to 64 in number workbook
English Recitation :-	Rhymes Days of the week 2. Flag	PUNJABI	
English Workbook :-	Page no. 46 to 56 in small Letter workbook.	ਕਵਿਤਾ ਝੰਡਾ	
DIVINITY		ART	
1. Drilling of Mool Mantar to 2 nd Pauri of Japji sahib.		Drawing of fruits - Apple and Grapes	
2. What are the name of five Kakkars?		Colouring Page no. - 30, 31, 32	
Ans. The name of five Kakkars are Kesh, Kanga, Kirpan, Kara and Kachera		COMPUTER	
		INTRODUCTION to colour Book - 1	

JANUARY MONTH GK & CONVERSATION SYLLABUS

<u>GENERAL KNOWLEDGE</u>	<u>CONVERSATION</u>
Topic - Our Country Q1. What is the name of our country? Ans. The name of our country is India. Q2. What is the name of our national Flag? Ans. The name of our national flag is Tricolour. Q3. Which is our national fruit? Ans. Mango is our national fruit. Q4. Which is our national animal ? Ans. Tiger is our national animal. Q5. Which is our national bird ? Ans. Peacock is our national bird. Q6. Which is our national anthem? Ans. Jana Gana Mana is our national anthem . Q7. Which is our national game ? Ans. Hockey is our national game. Activity Pages [EVS Book] - Page no. 51	Topic - Days of week and months of the year Q1. How many days are there in a week? Ans. There are seven days in a week. Q2. Name the days of the week? Ans. The days of week are Sunday, Monday, Tuesday, Wednesday, Thursday, Friday and Saturday. Q3. How many days do you come to the school? Ans. We come to school for six days. Q4. Which day of a week is a holiday? Ans. Sunday is a holiday. Q5. Which is the first month of the year? Ans. The first month of the year is January. Q6. Which is the last month of the year? Ans. The last month of the year is December. Q7. Picture description - Me and My God [Page no. 100 & 101 of EVS Magic Book]

Syllabus for Bal Vatika - 2 Session (2025-2026)

Theme - Our Helpers and Seasons

Month - FEBRUARY

ENGLISH		MATHS	
English Oral :	Story - The Honeybees and the Bird	Maths Oral	: 1. Drilling of counting 1 to 100 2. Count by 5's (5 to 50) 3. Reverse counting (10-0) 4. Number names 9 & 10 (Nine-9, Ten-10)
English Reading :	Picture reading of page no. 48 to 53 (Letter X to Z)	Maths Written	: 1. Introduction of numbers 91 to 100 2. Serial counting 1 -100 3. Dictation (1-100) 4. Fill in the missing numbers (1 to 100) 5. What comes before (1-10) 6. Finish the Line (1-100)
English Written :	1. Writing of two letter words 2. Dictation (two letter words) 3. Fill in the blanks (two letter words) 4. Serial writing Aa-Zz 5. Write corresponding small letter for the given capital letter (a-z)		
English Recitation :- Community Helpers and Seasons			
		PUNJABI	
		ਕਵਿਤਾ- ਸਬਜ਼ੀ ਵਾਲਾ	
DIVINITY		ART	
1. Revision of Mool Mantar to 2nd Pauri of Japji Sahib		Drawing of a scene (Sun, Kite, Tree, Hut)	
2. What are the names of first five Gurus?			
3. What are the name of four Sahibzadas?		COMPUTER	
		Practice of colours in colourbook.	

<u>GENERAL KNOWLEDGE</u>	<u>CONVERSATION</u>
Topic - Insects and Our Helpers and My Neighbourhood Q1. Which insect gives us honey? Ans. A Honey bee gives us honey. Q2. Which insect has beautiful wings? Ans. A butterfly has beautiful wings. Q3. Which insect causes malaria? Ans. A mosquito causes malaria. Q4. Name some places of neighbourhood? Ans. Some of the places in our neighbourhood are Hospital School Market and Post office. Q5. Who teaches you? Ans. A teacher teaches us. Q6. Who cures us when we are sick? Ans. A doctor cures us when we are sick. Q7. Who catches the thieves? Ans. A policeman catches the thieves. Activity Pages [EVS Book] - Page no. 42, 43, 54 to 59, 62 & 63	Topic - My Universe, Seasons Q1. What things we see in the sky during day time? Ans. We see sun, clouds, birds and kites in the sky during day time. Q2. What things we see in the sky at night? Ans. We see moon and stars in the sky at night. Q3. Name the five seasons? Ans. The names of five seasons are summer season, rainy season, autumn season winter season and spring season. Q4. Which is the coldest season? Ans. The winter season is the coldest season. Q5. Which is the hottest season? Ans. The summer season is the hottest season. Q6. In which season do we use umbrella? Ans. We use umbrella in the rainy season.

Syllabus for Bal Vatika - 2 Session (2025-2026) Month - MARCH	
ENGLISH	MATHS
Revision of syllabus done in previous months	Revision of syllabus done in previous months
	PUNJABI ORAL
	Revision of syllabus done in previous months
DIVINITY	ART
Revision of syllabus done in previous months	Revision of syllabus done in previous months
	COMPUTER
	Revision of syllabus done in previous months

GENERAL KNOWLEDGE	CONVERSATION
Revision of syllabus done in previous months	Revision of syllabus done in previous months

COMPETENCY BASED ACTIVITIES FOR PERIODIC - III (SESSION - 2025-26)

JANUARY

- * Collage Making [Our Country]
- * Verbal presentation activity
- * Number line hop activity
- * Physical activity - Mass PT and Yoga exercises
- * Me and My God activity [PPT] Presentation]

FEBRUARY

- * Role play activity [People who help us]
- * Sorting activity [Clothes according to the season]
- * Our own Reading Book activity
- * Planet Play time [Visit to a Learning centre]
- * Story sharing activity
- * Colouring activity.

English Oral	
APRIL	MAY
Paragraph - My self I am a girl/boy My name is I am four years old. I study in class Balvatika - 2 The name of my school is Guru Nanak International Public School. I like to eat fruits and play.....	Paragraph - My Family My Family is small and happy family. It includes my father, mother, my my grand parents and my self. I love all my family members.
JULY	AUGUST
Paragraph - My School. The name of my school is Guru Nanak International Public School. It is in Model town, Ludhiana. It has a big play ground and beautiful gardens. My school has a big library and science labs. I have many friends in my school. I love my school very much.	Story - The Fox and the Crow Once a crow stole a piece of cheese. A fox wanted the cheese. The fox praised the crow's voice and asked him to sing a song. The silly crow opened his beak to sing. His piece of cheese fell down and the fox ate it up. Moral of the story - Beware of flatterers.

OCTOBER	NOVEMBER
Story - The Greedy Dog. Once a dog found a piece of meat. He put the piece of meat in his mouth. On the way, while crossing the bridge he looked down into the water and saw his own reflection. He thought it was another dog with a piece of meat. He wanted that piece of meat too. He barked at it. The piece of meat fell into the water. The dog lost his own piece of meat. Moral of the story - We must not be greedy	Paragraph - Guru Nanak Dev ji Guru Nanak Dev ji is the first Guru of Sikhs. He was born at Rai-Bhoi-di Talwandi in Pakistan. His mother's name was Mata Tripta ji and his father's name was Mehta Kalu ji. The teachings of Guru Nanak Dev ji are Kirat Karo, Naam Japo and Vand Chhako.
JANUARY	FEBRUARY
Paragraph - Our Country India, our country is huge and beautiful land full of wonders. We have tall mountains, sparkling rivers and warm beaches. where we can play. India is a unique country with diversity.	Story - The Honeybee and the Bird Once a bird and a honeybee were friends. One day honeybee fell into the pond. The bird helped honeybee by throwing a leaf in the water. The honeybee climbed up the leaf and swam across to the land. One day honeybee saw a hunter aiming to hit the bird. The honeybee stung the hunter. The hunter ran away. Moral of the story - We should always help others.

English Recitation			
APRIL		MAY	
1. Two Little Eyes	2. Number Rhyme	1. Good Manners	
Two little eyes to look around Two little ears to hear each sound. One little nose to smell what is sweet? One little mouth that likes to eat.	One-two I know you. There-four ask me more. Five-six let me fix. Seven-eight never be late Nin-ten work is done	Good Manners are like flowers. They have some magic powers. Please, Sorry and Thanks. Are like money in the banks. Use them and see. How good you can be?	
JULY		AUGUST	
1. Teacher	2. Healthy & Happy poem	1. The colour of fruit	2. Power of Vegetables
Teacher, Teacher you make the school so much fun. You have time for everyone. You teach us, what's good what's not. So, you are the one we love a lot.	I am happy, when I am healthy. Thank you God for giving me energy. I am happy, when I am healthy Thank you God, for making me jumpy. I am happy when I am healthy. Thank you God for making me smiley.	Strawberries are red. Peaches are orange. Bananas are yellow. And pears are green Blue berries are blue And grapes are purple. Fruits are very good for you. What are your favourite two?	Tomatoes make your cheeks red. Carrots make you jump ahead. Spinach makes you very strong. Peas make you dance along. Eat your vegetables everyday and you will be happy and guy.

OCTOBER			NOVEMBER	
1. Elephant	2. Puppy Dog	3. Higgledy Piggledy	1. Go, Go, Go,	
Thump, Thump Ding Dong. Marches the elephant. With his legs long. Look, Look, Look at his eyes. See them winking as he goes by.	Puppy dog, Puppy dog wag your tail Puppy dog, Puppy dog let out a wail. Puppy dog, Puppy dog jump for a bone. Puppy dog Puppy dog, run to home.	Higgledy, Piggledy my black hen. She lays eggs for gentlemen. Sometimes nine, Sometimes ten. Higgledy Piggledy my black hen.	We can fly in a plane. We can ride on a train. In a boat, we will row We can go, go, go! We go near, we go far in a bus or a car. We go high, we go low so, where should we go.	
JANUARY			FEBRUARY	
1. Days of the week	2. Flag		1. Community Helpers	2. Seasons
Sunday is a sun's day. Monday is Moon's day. Tuesday is a two's day. Wednesday is a wedding day. Thursday is my birthday. Friday is a fly day On Saturday, I sat all day!	Look at the flag. It's saffrom, white and green. Salute the flag and honors it.		Teachers tech us ABCs Shapes and colours, 123s Doctors help us when we're sick. Medicine will do the trick. Police help to keep things safe for you. What job do you want to do?	When it is winter. I put on my coat. When it is spring. I plant some seeds. When it is summer. I go to the pool. When it is fall. I go to the school.

Punjabi (Oral)		
(April)	(May)	
ਕਵਿਤਾ-ਅਰਦਾਸ	ਕਵਿਤਾ - ਅਬਲੂ ਬਬਲੂ	
ਹੱਥ ਜੋੜ ਕੇ ਸੀਸ ਝੁਕਾਈਏ, ਦਰ ਤੇਰੇ ਤੋਂ ਸੁੱਖ ਪਾਈਏ। ਦਿਓ ਸਾਨੂੰ ਵਿੱਦਿਆ ਦਾ ਦਾਨ, ਕਰੀਏ ਦੇਸ਼ ਦਾ ਨਵ-ਨਿਰਮਾਣ।	ਅਬਲੂ ਬਬਲੂ ਭੈਣ-ਭਰਾ, ਦੋਹਾਂ ਨੂੰ ਖੇਡਣ ਦਾ ਚਾਅ। ਬਬਲੂ ਵੱਡਾ ਅਬਲੂ ਛੋਟੀ, ਦੋਵੇਂ ਬਹਿ ਕੇ ਖਾਵਣ ਰੋਟੀ।	
(July)	(August)	
ਕਵਿਤਾ-ਮੱਛਲੀ	ਕਵਿਤਾ - ਫਲ	ਕਹਾਣੀ - ਪਿਆਸਾ ਕਾਂ
ਮੱਛਲੀ ਜਲ ਦੀ ਰਾਣੀ ਹੈ, ਜੀਵਨ ਇਸ ਦਾ ਪਾਣੀ ਹੈ। ਹੱਥ ਲਾਉ ਤਾਂ ਡਰ ਜਾਏਗੀ, ਬਾਹਰ ਕੱਢੇ ਤਾਂ ਮਰ ਜਾਏਗੀ। ਇਸ ਦੀਆਂ ਕਿਸਮਾਂ ਕਈ ਹਜ਼ਾਰ, ਬੱਚੇ ਕਰਦੇ ਇਸ ਨੂੰ ਪਿਆਰ।	ਤਰ੍ਹਾਂ-ਤਰ੍ਹਾਂ ਦੇ ਫਲ ਜੋ ਖਾਵੇ, ਖੱਟਾ-ਮਿੱਠਾ ਸਵਾਦ ਉਹ ਪਾਵੇ। ਖਾਵੇ ਜੋ ਸੰਤਰਾ ਤੇ ਅਨਾਰ, ਹੋਵੇ ਨਾ ਉਹ ਕਦੇ ਬਿਮਾਰ। ਸੇਬ, ਕੇਲਾ ਤੇ ਤਰਬੂਜ ਖਾ ਕੇ ਬਣ ਜਾਵੇ ਮਜ਼ਬੂਤ।	ਇਕ ਕਾਂ ਪਿਆਸਾ ਸੀ। ਘੜੇ ਵਿੱਚ ਪਾਣੀ ਥੋੜ੍ਹਾ ਸੀ। ਕਾਂ ਲਿਆਇਆ ਪੱਥਰ, ਪਾਏ ਘੜੇ ਦੇ ਅੰਦਰ। ਪਾਣੀ ਆਇਆ ਉੱਪਰ। ਕਾਂ ਨੇ ਪੀਤਾ ਪਾਣੀ। ਖ਼ਤਮ ਹੋਈ ਕਹਾਣੀ। ਸਿੱਖਿਆ-ਜਿੱਥੇ ਚਾਅ ਉੱਥੇ ਰਾਹ।

(October)		(November)
ਕਵਿਤਾ-ਸ਼ੇਰ	ਕਹਾਣੀ-ਲੁੰਬੜੀ ਅਤੇ ਅੰਗੂਰ	ਕਵਿਤਾ - ਮੇਰਾ ਸਕੂਟਰ
ਸ਼ੇਰ ਜੰਗਲ ਦਾ ਰਾਜਾ ਕਹਿਲਾਵੇ, ਗੁਫਾ ਵਿੱਚ ਇਹ ਘਰ ਬਣਾਵੇ। ਸਾਰਾ ਦਿਨ ਸੌਂਵੇ ਪੈਰ ਪਸਾਰ, ਮਾਰੇ ਜਾਨਵਰ ਕਰੇ ਸ਼ਿਕਾਰ।	ਇੱਕ ਲੁੰਬੜੀ ਭੁੱਖੀ ਸੀ। ਜੰਗਲ ਵੱਲ ਜਾ ਰਹੀ ਸੀ। ਰੁੱਖ ਤੇ ਲੱਗੇ ਅੰਗੂਰ ਸੀ। ਅੰਗੂਰ ਬਹੁਤ ਮਿੱਠੇ ਸੀ। ਉਛੱਲ-ਉਛੱਲ ਕੇ ਤੋੜਨ ਲੱਗੀ, ਪਰ ਅੰਗੂਰ ਬਹੁਤ ਉੱਚੇ ਸੀ। ਅੰਤ ਵਿੱਚ ਉਹ ਥੱਕ ਗਈ, ਤਾਂ ਇਹ ਕਹਿ ਕੇ ਚੱਲੀ ਗਈ ਕਿ ਅੰਗੂਰ ਖੱਟੇ ਹਨ। ਸਿੱਖਿਆ-ਹੱਥ ਨਾ ਅੱਪੜੇ, ਥੂ ਕੌੜੀ।	ਟੀ ਟੀ ਕਰੇ ਸਕੂਟਰ ਮੇਰਾ ਵੱਲ ਸ਼ਹਿਰ ਦੇ ਲਾਈਏ ਗੇੜਾ। ਪਾਪਾ ਖੂਬ ਭਜਾਉਂਦੇ ਨੇ। ਬੜੇ ਨਜ਼ਾਰੇ ਆਉਂਦੇ ਨੇ। ਇਸ ਤੇ ਲਿਖਿਆ ਮੇਰਾ ਨਾਂ। ਘਰ ਵਿੱਚ ਰੱਖੀਏ ਸੋਹਣੀ ਥਾਂ।
(January)		(February)
ਕਵਿਤਾ-ਝੰਡਾ		ਕਵਿਤਾ - ਸਬਜ਼ੀ ਵਾਲਾ
ਝੰਡਾ ਸਾਡਾ ਦੇਸ਼ ਦੀ ਸ਼ਾਨ, ਜਾਂਵਾਂ ਮੈਂ ਇਸ ਤੋਂ ਕੁਰਬਾਨ। ਇਸ ਵਿੱਚ ਭਰੀ ਦੇਸ਼ ਦੀ ਆਨ, ਵੀਰ ਸ਼ਹੀਦਾਂ ਦੀ ਪਹਿਚਾਨ। ਝੰਡਾ ਸਦਾ ਲਹਿਰਾਵਾਂਗੇ, ਦੇਸ਼ ਦੀ ਸ਼ਾਨ ਵਧਾਵਾਂਗੇ।		ਵੇਖੋ ਸਬਜ਼ੀ ਵਾਲਾ ਆਇਆ, ਭਾਂਤ-ਭਾਂਤ ਦੀ ਸਬਜ਼ੀ ਲਿਆਇਆ। ਭਿੰਡੀ, ਅਰਬੀ, ਆਲੂ ਲੈ ਲਉ, ਗੋਭੀ, ਮਟਰ, ਕਚਾਲੂ ਲੈ ਲਉ। ਧਨੀਏ ਦੀ ਚਟਣੀ ਪਿਸਵਾਉ, ਮਜ਼ੇ ਨਾਲ ਫਿਰ ਖਾਣਾ ਖਾਉ।।

<u>ACTIVITY CALENDAR (SESSION - 2025-26)</u>	
MAY	DECEMBER
* Modelling of summer wear * Fruit Fiesta	* Christmas celebration * Kavi Darbar [on shaheed of Sahibzadas]
AUGUST	JANUARY
* Teej activity * Independence Day celebration. * Janamastami celebration.	* Lohri celebration.
OCTOBER	
* Best out of waste	
NOVEMBER	
* Children's Day celebration	

Healthy Mind Resides in Healthy Body Achieved Through Healthy Food

Dear Parents

Children are very precious to us, so kindly let us all be very careful about their health and eating habits. Please follow the **MENU** that has been prescribed for the children keeping their health and well being in mind:

Monday	:	Stuffed or Plain Parantha with Pulses.
Tuesday	:	Chapati/Paratha with seasonal Green Vegetable with less oil.
Wednesday	:	Brown Bread Vegetable Sandwich.
Thursday	:	Stuffed Paratha (Methi/Paneer/Aloo/Onion etc.)
Friday	:	Idli, Poha, Besan Ka Puda/Dosa or Puri Bhaji (Aloo, Chane)
Saturday	:	Any Bread Item (Sandwich/Bread Jam/French Toast/ Bread Butter and biscuits/cookies)

Note: Strictly follow the given menu and if possible encourage your child to eat sprouted (whole) pulse in any form. eg: salad, sabzi etc. One seasonal Fruit slices to be included in the lunch everyday.

AVOID JUNK FOOD