

Guru Nanak International Public (Senior Secondary) School
Model Town, Ludhiana
Syllabus of Balvatika - 3
Session 2025-26
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SYLLABUS OF Balvatika - 3 SESSION - 2025-2026

Introduction

The current curriculum has been prepared according to the pattern India laid by C.B.S.E. The main focus is on the overall development of the child. A child should be happy fulfilled and excited to learn new things. Self-esteem and confidence should also develop as a part of the learning process.

Assessment Technique :

Evaluation and teachings go hand in hand. Our assessment technique has been designed to evaluate child's all round development and day to day performance in the class. Our aim is teaching by doing.

1. The child will be assessed on various competencies based on class activities as well as written class tests that will be conducted at the end of every month. Written tests will be shared with the parents only on Parent Teacher Meet.
2. Assessment will be based on the holistic perspective which is concerned with the development of every child's social, emotional, physical, artistic, creative, spiritual and intellectual potentials.
3. General Assessment will be based on the following points:
 - i) Neatness of school uniform, books, notebooks and handwriting.
 - ii) General behaviour of the child in the class which includes discipline, attentiveness in the class, respect for their teachers and elders, care for school property.
 - iii) Response in the class.
 - iv) Regularity and Punctuality.
 - v) Participation in various class activities.

The assessment will be a continuous process and the cumulative result will be given over three Periodic Tests.

Love, understanding, support and encouragement make education interesting and adventurous for children.

The joyous journey not only develop their intellectual capabilities but it also helps them to become successful human beings.

Every Friday is no bag day. Children should not carry books in their bag on Friday. To develop self-confidence in the children, Mike activities will be conducted throughout the year. These Mike activities will be compulsory for all the students. Parents are requested to help their child to prepare the topics for the Mike activity.

List of Books Prescribed For the Session (2025-26)

Balvatika - 3

ENGLISH (Reading Book)

Starter Set (as per NCF 2023)

U.K.G Literacy Skill Book

(Madhubhan Educational Books)

ENGLISH (Cursive Writing)

Cursive for Juniors

small letters

Paramvir Publications

Kirti Publications

PUNJABI (Reading Book)

ਗੁਲਮੋਹਰ ਅੱਖਰ ਸੁਨੇਹੇ

Fortune Publications

MATHS (Work Book)

Starter Set (as per NCF)

U.K.G Numeracy Skill Book

(Madhubhan Educational Book)

E.V.S. (Work Book)

Early Skills

Environmental Studies

Concepts and Work Book

Viva Education

G. K (Work Book)

Starter Set (as per NCF)

General Assessment U.K.G Skill Book

(Madhubhan Educational Books)

CONVERSATIONS

A book of listening and speaking skills (Part-I), Dream Publications

COLOURING BOOK

Wings of Art C

Explore, Create, Fly with Art

(Kirti Publications)

Please Note:-

The child should carry the following books, note-books and things in his/her bag accordingly.

- 1) English Reading Book (Monday, Tuesday)
- 2) Punjabi Reading Book (Wednesday, Thursday)
- 3) Drawing File (Friday)
- 4) Conversation (Friday, Saturday)

Send the following things daily in the bag.

- 1) English/Maths/Punjabi Note Book
- 2) The School Diary
- 3) 3 Sharpened pencils and an eraser
- 4) A Tiffin box
- 5) A Bloomer
- 6) A Cloth Napkin

The following books will be kept at school and whenever required will be given for home assignment.

- | | |
|----------|----------------------------|
| 1) Maths | 4) English Cursive Writing |
| 2) E.V.S | 5) Scrap book |
| 3) G.K. | 6) Art book |

English and Punjabi Recitation stories and Paragraph are given at the back pages.

Syllabus of Balvatika - 3 Session (2025-26)

APRIL

Theme : Myself and My family

<u>ENGLISH</u>	<u>MATHS</u>
Written : 1. Revision of Aa - Zz 2. Small cursive (a-z) 3. Sound of vowel 'a' (words ending with ab, ad, ag, an, ap, at) 4. Dictation (sound of 'a') Oral : Paragraph (My school) Recitation : My Family Book Reading: Pg. 35	Written : 1. Serial Counting (1 - 100) 2. Dictation (1-100) 3. Circle the Smallest (1 - 20) Oral : Counting 1 to 100 Number Names (1 - 10)
<u>DIVINITY</u>	<u>PUNJABI</u>
Oral : Revision of Mool Mantar and 1st pauri of japji sahib Recitation of 2nd pauri of japji sahib	Written : 1. Introduction of Punjabi letters - ਓ, ਅ, ਏ, ਸ, ਹ 2. ਓ-ਹ 3. Dictation (ਓ-ਹ) 4. Picture Writing (ਓ-ਹ) 5. Match the following (ਓ-ਹ) 6. Writing (ਓ-ਹ) Oral : ਕਵਿਤਾ : ਚੰਦਾ ਮਾਮਾ Book Reading (Pg. no.2 to 7)

<u>G.K.</u>		<u>E.V.S</u>	
Lesson	: All about me	Lesson	: Know me
Lesson	: My Family	Lesson	: Our Family
Q1.	What is your name?	Q1.	Who are you ?
Ans.	My name is _____.	Ans.	I am a boy/ girl.
Q2.	How old are you?	Q2.	When is your birthday?
Ans.	I am _____ years old.	Ans.	My birthday is on _____.
Q3.	Which is your favourite toy?	Q3.	What are your hobbies?
Ans.	My favourite toy is _____.	Ans.	My hobbies are colouring, writing, dancing and playing.
Q4.	What type of family do you have?	Q4.	Which is your favourite cartoon character?
Ans.	I have a nuclear / joint family.	Ans.	My favourite cartoon character is _____.
Q5.	How many members are there in your family?	Q5.	What is the name and contact number of your father?
Ans.	There are _____ members in my family.	Ans.	My father's name is _____ and his contact number is _____.
Q6.	Who is the head of your family?	Q6.	Do you have any siblings?
Ans.	_____ is the head of my family.	Ans.	Yes, I have _____ siblings.
Q7.	Who cooks food for your family?		No, I don't have any siblings.
Ans.	My _____ cooks for my family.	Q7.	What do you call your father's mother?
Q8.	Who helps in your studies?	Ans.	My father's mother is my grandmother.
Ans.	My _____ helps me in my studies.	Q8.	What do you call your father's father?
		Ans.	My father's father is my grandfather.
		Q9.	What are parents of your own parents called ?
		Ans.	Parents of our parents are called grand parents.
<u>COMPUTER SCIENCE</u>		<u>ART</u>	<u>CONVERSATION</u>
		Shape : Circle	Page - 1 : Myself
		: Lollipop, Lady Bird	Page- 2, 3 : My Family
1.	Introduction of computer and its parts	Art Book : Pg. 3, 4, 6	Picture Reading : Birthday Party.

Syllabus of Balvatika - 3 Session (2025-26)

MAY

Theme : My School, Helpers & Colours

<u>ENGLISH</u>	<u>MATHS</u>
Written : 1. Picture Writing (words with sound of vowel 'a') 2. One many (words with sound of vowel 'a') Oral : Paragraph (My School) Story (The Hunter & The Birds) Recitation : My Family Book Reading (Pg.40)	Written : 1. Reverse counting (20-1) 2. What comes between (1-100) 3. Shape-Circle (any two objects) 4. Sums (+) horizontally (0-9) Oral : Counting (1 - 100) Number Names (1 - 10)
<u>DIVINITY</u>	<u>PUNJABI</u>
Q.1 : Who is the first Guru of the sikhs ? Ans : The first Guru of the sikhs is Guru Nanak Dev Ji Q.2 : Who is the tenth Guru of the sikhs ? Ans. : The tenth Guru of the sikhs is Guru Gobind Singh Ji Q.3 : Who is the Present Guru of the sikhs ? Ans. : The present Guru of the sikhs is Sri Guru Granth Sahib Ji Q.4 : Name five kakkars. Ans. : The five kakkars are Kesh, Kangha, Kara, Kirpan, Kachhera.	Written : 1. Introduction of ਕ, ਖ, ਗ, ਘ, ਙ 2. ਓ - ਙ 3. Dictation (ਕ- ਙ) 4. Picture writing (ਕ- ਙ) 5. Match the following (ਕ- ਙ) 6. Writing (ਕ- ਙ) Oral : ਕਵਿਤਾ : ਮੋਟਾ ਹੋ ਕੇ ਆਵਾਂਗਾ Book Reading (Pg. no. 8 to 12)

<u>G.K.</u>		<u>E.V.S</u>	
Lesson : Colours		Lesson : To School	
Lesson : My School		Lesson : Helpers	
Q1. Which is your favourite colour?		Q1. In which class do you study?	
Ans. My favourite colour is _____.		Ans. I study in class Balvatika 3.	
Q2. What is the colour of the sky?		Q2. How do you come to school?	
Ans. The colour of the sky is blue.		Ans. I come to school by conveyance / with my parents.	
Q3. What is the colour of grass?		Q3. Why do we go to school?	
Ans. The colour of grass is green.		Ans. We go to school to study and play.	
Q4. How many colours are there in the rainbow?		Q4. Where do you play in the school?	
Ans. There are seven colours in the rainbow.		Ans. We play in the school playground.	
Q5. What is the name of your school?		Q5. What does the mason do ?	
Ans. The name of my school is Guru Nanak Internaitonal Public School.		Ans. The mason makes the houses with bricks, cement and stones.	
Q6. Where is your school situated?		Q6. What does the architect do ?	
Ans. My school is situated in Model Town, Ludhiana.		Ans. The architect designs and plans buildings like houses, schools and offices.	
Q7. What is the name of your Principal?		Q7. What does a potter do ?	
Ans. The name of our Principal is Mrs. Gurmant Kaur Gill.		Ans. A potter makes the pots with clay.	
Q8. What is the name of your Vice-Principal?		Q8. Who mends our shoes ?	
Ans. The name of our Vice-Principal is Mrs. Gurjeet Kaur.		Ans. The cobbler mends our shoes.	
Q9. What is the name of your Headmistress ?			
Ans. The name of our Headmistress is Mrs. Navjeet Kaur.			
Q10. What is the name of your class teacher ?			
Ans. The name of my class teacher is _____.			
<u>COMPUTER SCIENCE</u>		<u>ART</u>	<u>CONVERSATION</u>
Introduction to Color Book-II		Drawing : Shape - Semi Circle, Mushroom, Octopus	Pg. 4, 5 : My School Picture Reading
		Art Book : Pg. 5, 7, 8	Birthday Party

Syllabus of Balvatika - 3 Session (2025-26)

JULY

Theme : Places around us, Magic words, Our Houses & Body Parts and Basic Etiquettes.

<u>ENGLISH</u>	<u>MATHS</u>
Written : 1. Sound of vowel 'e' (words ending with et, ed, en, eg) 2. Dictation (words with vowel of sound 'e') 3. Body Parts Oral : Paragraph (My Country) : Story (The Hunter and The Birds) Recitation : Fun with colours Book Reading (Pg.43)	Written : 1. Serial Counting (101-200) 2. Count by 10's (upto 100) 3. Table of 10 4. Reverse counting (30-1) 3. Number names (1-10) Oral : Counting 101-200 Table of 10
<u>DIVINITY</u>	<u>PUNJABI</u>
: Revision of Mool Mantar to 2nd pauri of Japji Sahib : Recitation of 3rd Pauri of Japji Sahib	Written : 1. Introduction of ਚ, ਛ, ਜ, ਝ, ਞ, ਟ, ਠ, ਡ, ਢ, ਣ 2. ਓ - ਏ 3. Dictation (ਚ - ਣ) 4. Picture Writing (ਚ - ਣ) 5. Fill in the blanks (ਚ - ਣ) 6. Writing (ਚ - ਣ) 7. Match the following (ਚ - ਣ) Oral ਕਵਿਤਾ : ਮਾਣੇ ਬਿੱਲੀ Book Reading (Pg. no.13 to 22)

<u>G.K.</u>	<u>E.V.S</u>	
Lesson : Places Around Us Lesson : Magic Words Lesson : Body Parts Q1. Where do we go out to play with our friends? Ans. We go to a park to play with our friends. Q2. Where do we go to buy medicines? Ans. We buy medicines from a chemist shop. Q3. Where do we go to watch movies? Ans. We go to movie theater to watch movies. Q4. Name three magic words. Ans. Sorry, Please and Thank You are the three magic words. Q5. What is the magic word that you use when you want something? Ans. We say 'please' when we want something. Q6. What is the word you say when you're grateful for something? Ans. We say 'Thank You', when we are grateful for something. Q7. What do we say when we make a mistake? Ans. We say 'sorry' when we make a mistake. Q8. I help you smell the roses and other things too. What am I? Ans. Nose. Q9. I help you see the world around you. What am I? Ans. Eyes. Q10. I help you listen to your favourite songs and hear your friends talking, Who am I? Ans. Ears.	Lesson : Our House Lesson : Body Parts Q1. What is a home? Ans. A home is a place where we live together with our loved one. Q2. Name different type of kutcha and pucca houses? Ans. Hut, Apartments, Bungalow, Igloo, Houseboats are different types of kutcha and pucca houses. Q3. What do we use an oven for in the kitchen? Ans. We use the oven to bake and cook delicious food like cookies, cake and pizza. Q4. What do we use taps for? Ans. Taps are used to get water for washing hands and for other cleaning tasks. Q5. Name five sense organs? Ans. Five sense organs are Eyes, Ears, Nose, Tongue and Skin. Q6. Which is the largest sense organ of the body? Ans. The largest sense organ of the body is skin. Q7. Which kind of taste does the tongue tell you? Ans. The tongue tell us sweet, sour, salty and bitter. Q8. How many bones are there in human body? Ans. There are 206 bones in the human body.	
<u>COMPUTER SCIENCE</u>	<u>DRAWING</u>	
	Drawing : Shape - Triangle Ice-Cream Cone, Birthday Cap Art Book : Pg. 10, 11, 15 and 18	<u>CONVERSATION</u> Pg. 6, 7 : Basic Etiquettes Pg. 27, 28 : Good Touch/ Bad Touch Pg. 16, 17 Places of worship Picture Reading In the Zoo

Syllabus of Balvatika - 3 Session (2025-26)

AUGUST

Theme : Living & Non Living Things

<u>ENGLISH</u>	<u>MATHS</u>
Written : 1. Use of Yes/ No 2. Use of He/ She Oral : Paragraph (My Country) : Story (Two Silly Goats) Recitation : Have you seen the Little Ducks Book Reading : (Pg.43)	Written : 1. Serial Counting (1-200) 2. Dictation (1-200) 3. Sums (+) Vertically (0-9) 4. Shape - Square (any two objects) 5. Number names (1-10) Oral : 1. Counting 1-200 2. Table of 10
<u>DIVINITY</u>	<u>PUNJABI</u>
Q1. : What is Fateh ? Ans. : It is a sikh way of greeting by saying Waheguru Ji Ka Khalsa Waheguru Ji Ki Fateh Q2. : What is Jaikara ? Ans. : Jaikara is spoken as Bole so Nihal - Sat Sri Akal Q3. : Who is the founder of Khalsa Panth ? Ans. : The founder of khalsa Panth is Guru Gobind Singh Ji Q4. : What are the names of the four Sahibzadas ? Ans. : The names of the four sahibzadas are : Sahibzada Ajit Singh Ji Sahibzada Jujhar Singh Ji Sahibzada Zorawar Singh Ji Sahibzada Fateh Singh Ji	Written : 1. Introduction of ਤ, ਥ, ਦ, ਧ, ਨ, ਪ, ਫ, ਬ, ਭ, ਮ 2. ਉ ਤੋਂ ਮ 3. Dictation (ਤ ਤੋਂ ਮ) 4. Picture Writing (ਤ ਤੋਂ ਮ) 5. Writing (ਤ ਤੋਂ ਮ) 6. Fill in the blanks (ਤ ਤੋਂ ਮ) 7. Match the following (ਤ ਤੋਂ ਮ) Oral : ਕਵਿਤਾ : ਪੜ੍ਹੋਗ Book Reading (Pg. No. 23 to 34)

<u>G.K.</u>		<u>E.V.S.</u>	
Lesson	: Living things and Non living things.	Lesson	: Living things and non living things
Lesson	: Animals	Lesson	: The world of animals
Q1.	What are living things ?	Q1.	What are non living things ?
Ans.	Things that need food, water and air to grow are called living things.	Ans.	Non living things donot need food, water and air to live like table, pencil and chair.
Q2.	Name three living things.	Q2.	Do living things grow in size ?
Ans.	Plants, birds and animals are living things.	Ans.	Yes, living things grow in size.
Q3.	Name three non living things ?	Q3.	Name two types of non living things ?
Ans.	Chairs, pens and erasers are non-living things.	Ans.	Two types of non living things are natural and man made.
Q4.	Can non living things move from one place to another ?	Q4.	Name some natural non living things ?
Ans.	No, non living things cannot move from one place to another.	Ans.	Rocks, water, air and stars are some natural non living things.
Q5.	Where do wild animals live ?	Q5.	Name some farm animals ?
Ans.	Wild animals live in the forest.	Ans.	Cow, goat and sheep are some of the farm animals.
Q6.	Who is the king of the jungle ?	Q6.	Name some birds that can fly ?
Ans.	The Lion is the king of the jungle.	Ans.	Sparrow, Parrot, Owl and Crow are some of the birds that can fly.
Q7.	Which is the tallest animal ?	Q7.	Name some birds that cannot fly ?
Ans.	The giraffe is the tallest animal.	Ans.	Ortrich, Emu, Penguin and Kiwi are some of the birds that cannot fly.
Q8.	Which animal is known as the ship of the desert?	Q8.	Which is the only bird which can swim but cannot fly ?
Ans.	The camel is known as the ship of the desert.	Ans.	The penguin is the only bird which can swim but cannot fly.
<u>COMPUTER SCIENCE</u>		<u>ART</u>	<u>CONVERSATION</u>
		Drawing : Square-Handkerchief Rectangle-T.V.	Pg. 24, 25 : Homes of animals Pg. 15 : Gender (animals)
		Art book : Pg. 12, 9, 19, 22, 20, 24,14	Picture Reading : In the Zoo
Introduction of Color Book-III and Practice of filling in colours in color book-III.			

Syllabus of Balvatika - 3 Session (2025-26) SEPTEMBER	
<u>ENGLISH</u>	<u>MATHS</u>
Revision of Syllabus done in April, May, July and August.	Revision of Syllabus done in April, May, July and August.
<u>DIVINITY</u>	<u>PUNJABI</u>
Revision of Syllabus done in April, May, July and August.	Revision of Syllabus done in April, May, July and August.

<u>G.K.</u>	<u>E.V.S.</u>	
Revision of Syllabus done in April, May, July and August.	Revision of Syllabus done in April, May, July and August.	
	<u>ART</u>	<u>CONVERSATION</u>
	Revision of Syllabus done in April, May, July and August.	Revision of Syllabus done in April, May, July and August.
<u>COMPUTER SCIENCE</u>		
Revision of Syllabus done in April, May, July and August.		

COMPETENCY BASED ACTIVITIES FOR PERIODIC - I (SESSION - 2025-26)

APRIL	MAY
* My Family (Mike Activity) * I know my Letters * Teach me to pray * Size Sequencing * I can balance (Physical Activity)	* Prop Play Theatre (Helpers) - Mike Activity * Scavengers Hunt * Gratitude to Community (Labour Day) * Mom's Melody (Mother's Day Celebration) * Dance Pe Chance
JULY	AUGUST
* Fighting Germs Activity * Rainbow Salad Fun * Empathy Expression [Magic Words] * Feel and Guess * Journey with Passport	* Things Alive Things Not * Creative Bonding Craft * Mask Making Safari * Finding and match the word * Shape Hunt

Syllabus of Balvatika - 3 Session (2025-26)

OCTOBER

Theme : Transport & Means of Communication, Games we play

ENGLISH	MATHS
Written: 1) Capital cursive (A-Z) 2) Use of This/That 3) Sound of vowel 'i' (Words ending with ip, it, in, id, ib, ig) 4) Dictation (words with sound of vowel 'i') Oral : Paragraph - (Diwali) : Story (The Four Trees) Recitation : Transport Book Reading : Pg 46	Written : 1. Counting (201-300) 2. Dictation (201-300) 3. Circle the biggest (1-100) 4. What comes after (1-100) 5. Number Names (11-20) Oral : Counting (201-300) Table of 2
DIVINITY	<u>PUNJABI</u>
Revision of Mool Mantar to 3rd Pauri of Japji Sahib Recitation of 4th Pauri of Japji Sahib Q1. : What are the names of the five beloveds ? Ans. : The names of the five beloveds are : Bhai Daya Singh Ji Bhai Dharam Singh Ji Bhai Himmat Singh Ji Bhai Mohkam Singh Ji Bhai Sahib Singh Ji	Written : 1. Introduction of Punjabi letters ਯ,ਰ,ਲ,ਵ,ੜ,ਸ਼,ਖ਼,ਗ਼,ਜ਼,ਫ਼,ਲ਼ 2. Dictation (ਯ-ਲ) 3. Picture Writing (ਯ-ਲ) 4. Writing (ਯ-ਲ) Oral ਕਵਿਤਾ : ਦਿਵਾਲੀ Book Reading - Pg No. 35 and 45

<u>G.K.</u>	<u>E.V.S.</u>	
L- Vehicles L - Means of Communication. Q1. What is the use of traffic light? Ans. The use of traffic light is to control the traffic on the road. Q2. Who flies an aeroplane? Ans. The pilot flies an aeroplane. Q3. From where do we board the train? Ans. We board the train from railway station. Q4. From where do we catch/ board the flight? Ans. We catch/board the flight from the airport Q5. What is communication? Ans. Communication is how we talk and share information with others. Q6. Why do we use computer? Ans. We use computer as it makes our work easier and saves our time. Q7. Which bird was earlier used to send messages from one place to other? Ans. The Pigeon was the bird used to send messages from one place to another Q8. Name any two modern means of communication ? Ans. Mobile phone and laptop are two modern means of communication.	Lesson : Transport Q1. Why do we need transport? Ans. We need transport to move from one place to another. Q2. Name three means of transport? Ans. The three means of transport are water transport, land transport & air transport. Q3. Name two means of air transport? Ans. Aeroplane and Helicopter are two means of air transport. Q4. Name two means of water transport? Ans. Boat and ship are two means of water transport. Q5. Name various means of road transport? Ans. Cycle, rickshaw, bus and car are various means of road transport. Q6. Name some vehicles with 6 wheels? Ans. Fire engine, bus and truck have 6 wheels. Q7. Which is the fastest means of transport? Ans. Aeroplane is the fastest means of transport. Q8. How many wheels does a car and a jeep has? Ans. A car and a jeep has four wheels.	
<u>COMPUTER SCIENCE</u>	<u>ART</u>	<u>CONVERSATION</u>
Introduction of Drawing to Children	Drawing - Fruit (Orange) Art Book - Pg - 13,16,17,21,23	Pg. 22, 23 Games we play. Pg. 29 Current Affairs Picture Reading On the road

Syllabus of Balvatika - 3 Session (2025-26)

NOVEMBER

Theme : Life cycle of Plants & Animal, Food

ENGLISH		MATHS	
Written:	1) Use of These/Those 2) Fruits Name 3) Vegetables Name 4) Use of in, on and under	Written :	1. Number Names (11-20) 2. Count by 2 3. Table of 2 4. Sums (-) horizontally (0-9) 5. Reverse counting (50-1) 6. Shape - Rectangle (any two objects)
Oral :	Paragraph - (Diwali) Story (The four trees)	Oral :	Counting (201-300)
Recitation :	Slice Slice		Table of 2
DIVINITY		<u>PUNJABI</u>	
Q1.	What are the names of the first five Gurus?	Written :	1. ਓ - ਲ 2. Dictation (Two letter words) (1-20) 3. Picture Writing (Two letter words) 4. Fill in the blanks (Two letter words) 5. Writing (Two letter words)
Ans.	The names of the first five Gurus are : Guru Nanak Dev Ji Guru Angad Dev Ji Guru Amardas Ji Guru Ram Das Ji Guru Arjan Dev Ji	Oral	
		ਕਵਿਤਾ :	ਟਮਾਟਰ
		Book Reading -	Pg No. 46 and 47
			Reading of Two letter words

<u>G.K.</u>	<u>E.V.S.</u>	
Lesson : Plants and Animals Life Cycle Lesson : Food Q1. Name the different parts of a plant ? Ans. The different parts of plant are roots, stem, leaves, flowers and fruits. Q2. What do we get from plants? Ans. We get oxygen, food, clothes, fibre, fruits and vegetables from plants. Q3. In which season do the flowers bloom? Ans. The flowers bloom in the spring season. Q4. What is the beginning of the plant life cycle? Ans. Seed is the beginning of the plant life cycle. Q5. What are the four stages of a butterfly? Ans. The four stages of butterfly are egg, caterpillar, pupa and adult butterfly. Q6. What are the four stages of Human? Ans. The four stages of Human are infant, childhood, adulthood and old age. Q7. Why do we need food ? Ans. We need food to grow, get energy and stay healthy. Q8. From where do we get food ? Ans. We get food from plants and animals. Q9. What food do we get from plants ? Ans. We get fruits, vegetables and grains from plants. Q10. What food do we get from animals ? Ans. We get milk, eggs and meat from animals.	Lesson : Plants Lesson : Flowers Lesson : Fruits and Vegetables Q1. What does plants need to grow? Ans. Plants need soil, water, air and sunlight to grow. Q2. What is the food factory of a plant called? Ans. Leaves are called the food factory of a plant. Q3. Name some flowers ? Ans. The names of some flowers are Rose, Lily, Marigold, sunflower etc. Q4. Name a flower which grows in water ? Ans. Lotus grows in water Q5. Why do we eat fruits and vegetables ? Ans. We eat fruits and vegetables to stay healthy and strong. Q6. Name the biggest vegetable ? Ans. Pumpkin is the biggest vegetable. Q7. Name the smallest vegetable ? Ans. Mankai is the smallest vegetable. Q8. Name some vegetables that are good source of Vitamin C ? Ans. Broccoli, Lemon and dark green leafy vegetables are good source of Vitamin C.	
<u>COMPUTER SCIENCE</u>	<u>ART</u>	<u>CONVERSATION</u>
	Drawing - Vegetable (Carrot) Art Book - Pg 25,26,27	Pg.-12, 13 Babies of animals Pg. 14, Gender (Human being) Picture Reading On the road

Syllabus of Balvatika - 3 Session (2025-26) DECEMBER	
ENGLISH	MATHS
Revision of syllabus done in October and November.	Revision of syllabus done in October and November.
DIVINITY	<u>PUNJABI</u>
Revision of syllabus done in October and November.	Revision of syllabus done in October and November.

<u>G.K.</u>	<u>E.V.S.</u>	
Revision of syllabus done in October and November.	Revision of syllabus done in October and November.	
<u>COMPUTER SCIENCE</u>	<u>ART</u>	<u>CONVERSATION</u>
Revision of Syllabus done in October and November	Revision of syllabus done in October and November.	Revision of syllabus done in October and November.

COMPETENCY BASED ACTIVITIES FOR PERIODIC - II (SESSION - 2025-26)

OCTOBER	NOVEMBER
* Floral Rangoli * Show and Tell * Phonic Fun * Puppet Play Time * Telephone Game (Chinese Whisper) * Kiddie Traffic Tales (Field trip activity) * Tech Discovery	* Story step Adventure * Life Cycle Discovery * Animal Family Match Up * Feel and find * Roll the dice * Exploring Divinity * Growing Hands, Growing Trees * Role Play (Act of kindness)

Syllabus of Balvatika - 3 Session (2025-26)

JANUARY

Theme : My Country, Opposites, Seasons.

ENGLISH	MATHS
Written: 1. Capital and small cursive Aa-Zz 2. Sound of vowel 'o' (Words ending with og, ox, op, ot, ob, od) 3. Dictation (words with sound of vowel 'o') 4. Use of 'and' 5. Use of 'a' and 'an' Oral : Paragraph - Guru Gobind Singh Ji : Story (The Two Frogs) Recitation : National Flag Book Reading : Pg - 49.	Written : 1. Serial counting (1-300) 2. Dictation (1-300) 3. What comes before (1-100) 4. Put >, < or = (1-100) 5. Reverse counting (100-51) 6. Sums (-) vertically (0-9) Oral : Counting (1-300) Table of 5
DIVINITY	<u>PUNJABI</u>
Revision of Mool Mantar to 4th Pauri of Japji Sahib Recitation of 5th Pauri of Japji Sahib	Written : 1. ਓ - ਲ 2. Dictation words (Three letter words) 3. Fill in the blanks (Three letter words) 4. Match the following (Three letter words) Oral ਕਵਿਤਾ : ਤਿਰੰਗਾ Reading - Three letter words

<u>G.K.</u>	<u>E.V.S.</u>	
Lesson : National Symbols Lesson : National Festivals Q1. What is the other name of national flag of India? Ans. The other name of national flag of India is Tiranga. Q2. Which is the national flower of India? Ans. The national flower of India is Lotus. Q3. Which is the national animal of India? Ans. Tiger is the national animal of India. Q4. Which is the national bird of India? Ans. The national bird of India is Peacock. Q5. What do we celebrate on 15th August? Ans. We celebrate Independence Day on 15th August. Q6. When do we see colourful tabloids parade on Rajpath? Ans. We see colourful tabloid parade at Rajpath on Republic Day. Q7. What is the Gandhi Jayanti? Ans. Gandhi Jayanti is birth anniversary of Mahatma Gandhi. Q8. When do we celebrate Gandhi Jayanti? Ans. We celebrate Gandhi Jayanti on 2nd October every year. Q9. Why do we celebrate Independence Day? Ans. We celebrate Independence Day because India got freedom from British rule on 15th August 1947.	Lesson : Seasons Lesson : Festivals Q1. Name five seasons? Ans. The five seasons are Summer season, Rainy season, Autumn season, Winter season and Spring season. Q2. Which two things protect us from rain? Ans. Umbrella and Raincoat protect us from rain. Q3. Which season is called the king of season? Ans. Spring season is called the king of season. Q4. When do we wear cotton clothes? Ans. We wear cotton clothes in summer season. Q5. Which festival do we celebrate to mark the birth of Jesus Christ? Ans. Christmas is celebrated to mark the birth of Jesus Christ. Q6. Which festival marks the birth of Lord Krishna? Ans. Janamasthmi marks the birth of Lord Krishna. Q7. On which festival bonfire is lit? Ans. Bonfire is lit on the festival of Lohri. Q8. Which festival marks the birth anniversary of Sikh Gurus? Ans. Gurpurab marks the birth anniversary of Sikh Gurus.	
<u>COMPUTER SCIENCE</u>	<u>DRAWING</u>	<u>CONVERSATION</u>
Introduction to Paint.	Drawing: Different type of flowers. Art book : Pg 28, 29, 30, 31	Pg. 8,9 My Country Pg. 26 Opposites Picture Reading Amusement Park

Syllabus of Balvatika - 3 Session (2025-26) Theme : Our Universe, Days & Months of the year. FEBRUARY	
ENGLISH	MATHS
Written: 1. Sound of vowel 'u' (Words ending with ug, ut, ub, us, ud, un, up) 2. Dictation (words with sound of vowel 'u') 3. Opposites 4. Myself Oral : Paragraph - Guru Gobind Singh Ji : Story (The Two Frogs) Recitation : Helpers Book Reading : Pg. 52	Written : 1. Count by 5's 2. Table of 5 3. Number names (Multiples of 10) 4. Write the numerals (1-20) 5. Shape - Triangle (any two objects). Oral : Counting (1-300) Table of 5
DIVINITY	<u>PUNJABI</u>
Q. What are the names of last five Gurus? Ans. The names of the last five Gurus are Guru Hargobind Ji Guru Har Rai Ji Guru Harkrishan Ji Guru Teg Bahadur Ji Guru Gobind Singh Ji	Written : 1. ਓ - ਲ਼ 2. Picture Writing (Three letter words) 3. Writing (Three letter words) Oral ਕਵਿਤਾ : ਅਰਦਾਸ Reading - Three letter words

<u>G.K.</u>	<u>E.V.S.</u>	
Lesson : Our Earth Q1. What is Earth? Ans. Earth is a planet we live on. It is a big, spherical in shape and revolves around the sun. Q2. What is necessary for life on earth? Ans. Land, water and air are necessary for life on earth. Q3. Which is the third planet in the solar system? Ans. The third planet in the solar system is Earth. Q4. What shines in the sky during day time and gives us heat and light? Ans. The Sun shines in the sky during day time and gives us heat and light. Q5. What are some things you can find on earth's terrain ? Ans. We can find mountains, rivers, trees, animals and many other amazing things on earth. Q6. What do we see in the sky at night that glows and changes shapes? Ans. At night we see moon in the sky and it changes shape. Q7. When do we celebrate World Earth Day? Ans. We celebrate the World Earth Day on 22nd April every year.	Lesson : Air and Water Q1. What is air around the earth called? Ans. Air around the earth is called atmosphere. Q2. What do we call the moving air? Ans. The moving air is called wind. Q3. Why do we need air? Ans. We need air to breathe and live Q4. Name the things in which we can fill air? Ans. We can fill air in balloon and football. Q5. What are some uses of water? Ans. We use water for washing, bathing and cleaning. Q6. What are the main sources of water? Ans. Rain and snow are the main source of water. Q7. Name one way we can save water at home? Ans. We should always turn off the tap after use. Q8. Name two things that dissolve in water? Ans. Salt and Sugar dissolve in water. Q9. What do we breathe in? Ans. We breathe in oxygen.	
<u>COMPUTER SCIENCE</u>	<u>DRAWING</u>	<u>CONVERSATION</u>
Practice of shapes in M.S. Paint (Line, Square, Rectangle, Circle)	Drawing : Sunny Day Scene Art Book : Pg. 32	Pg 18, 19 Our Universe Pg 20, 21 Days & Months of the year. Picture Reading Amusement Park

Syllabus of Balvatika - 3 Session (2025-26) MARCH	
ENGLISH	MATHS
Revision of syllabus done in January and February	Revision of syllabus done in January and February
DIVINITY	PUNJABI
Revision of syllabus done in January and February	Revision of syllabus done in January and February

<u>G.K.</u>	<u>E.V.S.</u>	
Revision of Syllabus done in January and February	Revision of syllabus done in January and February	
<u>COMPUTER SCIENCE</u>	<u>DRAWING</u>	<u>CONVERSATION</u>
Revision of syllabus done in January and February	Revision of syllabus done in January and February	Revision of syllabus done in January and February

COMPETENCY BASED ACTIVITIES FOR PERIODIC - III (SESSION - 2025-26)

JANUARY	FEBRUARY
* Quantity Quest * Geometric Creation * Octopus Race * Patriotic Badge Craft * Shabad Gayan * Festival Fun * Seasons Relay Race	* Emotion Faces * Poem Talk * Water and Wind Art * Tear and Paste * My Birthday Month Craft * Punjabi Phonic Pals * Reading Safari * Caring Hands for Earth

<u>RECITATION</u>	
My Family (April, May)	Fun With Colours (July)
See my family, see them all. Some are short, some are tall. Sometimes happy, sometimes sad. We love each other and I am glad	Red, red, red, touch your head. Blue, blue, blue, tie your shoe. Brown, brown, brown, touch the ground White, white, white, take a bite Black, black, black, touch your back Purple, Purple, purple, draw a circle. Pink, pink, pink, give a wink. Grey, grey, grey, shout hurray.
Have you seen the Little Ducks ? (August)	Transport (October)
Have you seen the little ducks? Swimming in the water Father, mother, Baby ducks, Grand mama and daughter Have you seen them? Shake their heads Drinking up the water Father, mother, Baby ducks Grand mama and daughter	Take a bus or take a train Take a boat or take a plane Take a taxi or take a car May be near or maybe far Take a rocket to the moon But be sure to come back soon

RECITATION

Slice Slice (November)	Our National Flag (January)
Slice, Slice, Slice The bread looks nice. Spread, Spread, Spread Butter on the bread On the top, Put jam so sweet Now its nice for us to eat	Three colours in the Indian flag, Saffron, white and green Saffron is for courage, For people strong and brave. White is for purity, For peace which we crave. Green is for prosperity, For my country to grow.
Helper (February)	
Teacher, teacher, what do you do ? I teach reading and writing too Doctor, doctor, what do you do ? I treat when you're sick with cold or flu Fire fighter, fire fighter, what do you do ? I help fight fires that might hurt you Officer, Officer, What do you do ? I help you stay safe in all that you do !	

<u>RECITATION</u>	
ਚੰਦਾ ਮਾਮਾ (April)	ਮੋਟਾ ਹੋ ਕੇ ਆਵਾਂਗਾ (May)
ਚੰਦਾ ਮਾਮਾ ਕਿੱਥੇ ਰਹਿੰਦੇ, ਰਾਤ ਪਈ ਘਰ ਆਉਂਦੇ ਹੋ ਜੇ ਪੁਛੀਏ ਤਾਂ ਕੁਝ ਨਾ ਕਹਿੰਦੇ, ਮੰਦ-ਮੰਦ ਮੁਸਕਰਾਉਂਦੇ ਰਹਿੰਦੇ।	ਨਾਨਕੇ ਘਰ ਜਾਵਾਂਗਾ, ਦੁੱਧ ਮਲਾਈ ਖਾਵਾਂਗਾ। ਹੱਸ ਹੱਸ ਮੌਜ ਮਨਾਵਾਂਗਾ, ਮੋਟਾ ਹੋ ਕੇ ਆਵਾਂਗਾ।
ਮਾਣੋ ਬਿੱਲੀ (July)	ਪਤੰਗ (August)
ਇੱਕ ਪਾਸੇ ਸੀ ਦੁੱਧ ਮਲਾਈ, ਦੂਜੇ ਪਾਸੇ ਖੀਰ ਕੜਾਹੀ। ਮਾਣੋ ਬਿੱਲੀ ਖਾ ਗਈ, ਮੁੰਨੇ ਦੇ ਸਿਰ ਲਾ ਗਈ।	ਬਿੱਟੂ ਲਿਆਇਆ ਇੱਕ ਪਤੰਗ, ਉਡਦੀ ਹੈ ਜੋ ਡੋਰ ਦੇ ਸੰਗ। ਅਸਮਾਨ ਤੱਕ ਜਾਂਦੀ ਹੈ, ਸਭ ਦੇ ਦਿਲ ਨੂੰ ਭਾਂਦੀ ਹੈ।

<u>RECITATION</u>	
ਦਿਵਾਲੀ (October)	ਟਮਾਟਰ (December)
ਰਲ ਮਿਲ ਪਿਆਰ ਦੇ ਦੀਪ ਜਲਾਈਏ, ਆਪਸ ਦੇ ਵਿੱਚ ਪਿਆਰ ਵਧਾਈਏ। ਹਰ ਦਿਲ ਦੇ ਵਿੱਚ ਹੋਵੇ ਉਜਾਲਾ ਦਿਵਾਲੀ ਅਸੀਂ ਇੰਝ ਮਨਾਈਏ।	ਲਾਲ-ਲਾਲ ਤੇ ਗੋਲ ਟਮਾਟਰ, ਵੇਖੋ ਕਿੰਨਾ ਚੰਗਾ ਖਾ ਕੇ। ਇੱਕ ਟਮਾਟਰ ਰੋਜ਼ ਜੋ ਖਾਵੇ, ਵਾਂਗ ਟਮਾਟਰ ਲਾਲ ਹੋ ਜਾਵੇ।
ਤਿੰਰਗਾ (January)	ਅਰਦਾਸ (February)
ਤਿੰਨ ਰੰਗ ਦਾ ਸਾਡਾ ਝੰਡਾ, ਥਾਂ ਥਾਂ ਤੇ ਲਹਿਰਾਵੇ। ਫਰ ਫਰ ਕਰੇ ਹਵਾ ਦੇ ਅੰਦਰ, ਗੀਤ ਖੁਸ਼ੀ ਦੇ ਗਾਵੇ। ਕੇਸਰ ਰੰਗ ਕੁਰਬਾਣੀ ਦਾ, ਚਿੱਟਾ ਅਮਨ ਨਿਸ਼ਾਨੀ ਦਾ, ਹਰਾ ਰੰਗ ਹਰਿਆਲੀ ਵਾਲਾ, ਭਾਰਤ ਦੀ ਖੁਸ਼ਆਲੀ ਵਾਲਾ।	ਹੱਥ ਜੋੜ ਕੇ ਸੀਸ ਝੁਕਾਈਏ, ਤੇਰੇ ਤੋਂ ਸਾਰੇ ਸੁੱਖ ਪਾਈਏ। ਦਿਓ ਸਾਨੂੰ ਵਿੱਦਿਆ ਦਾ ਦਾਨ, ਵਧਾਈਏ ਅਸੀਂ ਦੇਸ਼ ਦੀ ਸ਼ਾਨ। ਸਾਨੂੰ ਬਖਸ਼ ਦਿਓ ਆਪਣਾ ਨੂਰ, ਬੁਰੇ ਕੰਮ ਤੋਂ ਰਹੀਏ ਦੂਰ।

STORIES

The Hunter and the Birds (May, July)

Once a hunter set up a trap to catch the birds. The birds were caught in a net. Now the birds thought of a plan, they flew together and carried the net to a little mouse. The mouse cut off the net with its sharp teeth and let the birds free.

Moral - "Unity is strength"

Two Silly Goats (August)

Once upon a time there were two silly goats. They wanted to cross a bridge. They were coming from opposite directions. The bridge was narrow. First silly goat said, "I will cross the bridge first, you go back." The second silly goat said, "I will cross the bridge first, you go back." Both the goats didn't wait and bumped into each other. They both fell into the river and drowned.

Moral - "We should not fight"

The Four Trees (October, November)

Once there were four trees in a forest. Three trees were very tall and beautiful. Their trunks were very broad but one tree had a crooked and shapeless trunk. The crooked tree was sad because of its appearance.

One day a woodcutter came to forest and looked at the strong and beautiful trees and cut them all except the crooked tree, saying that it was of no use to him. Now the crooked tree was very happy because of his ugliness as he was spared.

Moral : "Be grateful with what God has given you".

The Two Frogs (January, February)

Once two frogs fell into a pot of cream. They couldn't come out of the pot. So they swam round and round in the cream. One frog got tired, he gave up and was drowned. Other frog was brave. He swam round and round in the cream. The cream became a ball of butter. The frog jumped on the ball of butter and got out of the pot.

Moral - "If there is a will, there's a way".

PARAGRAPH

My School (April, May)

School is a temple of learning. I study in Guru Nanak International Public School. It is in Model Town, Ludhiana. It has a big building, big playground and beautiful lawns. The name of our Principal is Mrs. Gurmant Kaur Gill. I love my school very much.

My Country (July, August)

The name of my country is India. New Delhi is the capital of India. "Jan-Gan-man" is our national anthem. "Vande Mataram" is our national song. India is a beautiful and secular country. I love my country very much.

Diwali (October, November)

Diwali is called the festival of lights. It is celebrated in the month of October or November. Guru Har Gobind Sahib ji was released from the fort of Gwalior along with 52 rajas to go to Amritsar. Sikhs celebrate this day as Bandi Chor Diwas. On this day, Lord Rama came back to Ayodhya after fourteen years of exile. People light up diyas, burst crackers, exchange gifts and sweets with each other. I like this festival very much.

Guru Gobind Singh Ji (January, February)

Guru Gobind Singh Ji is the tenth guru of the sikhs. He was born in Patna Sahib in 1666. His father's name was Guru Teg Bahadur Ji. His mother's name was Mata Gujri Ji. He had four sons - Sahibzada Ajit Singh Ji, Sahibzada Jujhar Singh Ji, Sahibzada Zorawar Singh Ji, Sahibzada Fateh Singh Ji. He was the founder of Khalsa Panth.

<u>ACTIVITY CALENDAR (SESSION - 2025-26)</u>	
MAY	AUGUST
* Modelling of Summer Wear	* Teej Celebration * Independence Day Celebration * Janamashtami Celebration
OCTOBER	NOVEMBER
* Best Out of Waste * Intersection Calligraphy Competition * Intersection Quiz Contest	* Children's Day Celebration
DECEMBER	JANUARY
* Kavi Darbar (on shaheedi of four Sahibzadas) * Christmas Celebration	* Lohri Celebration * Basant Celebration

Healthy Mind Resides in Healthy Body Achieved Through Healthy Food

Dear Parents

Children are very precious to us, so kindly let us all be very careful about their health and eating habits. Please follow the **MENU** that has been prescribed for the children keeping their health and well being in mind:

Monday	:	Stuffed or Plain Parantha with Pulses.
Tuesday	:	Chapati/Parantha with seasonal Green Vegetable with less oil.
Wednesday	:	Brown Bread Vegetable Sandwich.
Thursday	:	Stuffed Parantha (Methi/Paneer/Aloo/Onion etc.)
Friday	:	Idli, Poha, Besan Ka Puda/Dosa or Puri Bhaji (Aloo, Chane)
Saturday	:	Any Bread Item (Sandwich/Bread Jam/French Toast/ Bread Butter and biscuits/cookies)

Note: Strictly follow the given menu and if possible encourage your child to eat sprouted (whole) pulse in any form. eg: salad, sabzi etc. One seasonal Fruit Slices to be included in the lunch everyday.

AVOID JUNK FOOD