

Guru Nanak International Public (Senior Secondary) School
Model Town, Ludhiana
Syllabus for Class-I
Session 2025-26
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SYLLABUS FOR CLASS-I SESSION - 2025-2026

Introduction :

The Current Curriculum has been prepared according to the pattern laid by C.B.S.E. The main focus is on the overall development of the child. A child should be happy, fulfilled and excited to learn new things. Self-esteem and confidence should also develop as a part of the learning process.

Parents are requested not to send any extra book or note-book in their ward's bag. Books and note books to be carried in the bag by the child everyday are :

- English Course Book
- Punjabi Course Book
- EVS Course Book
- One English Notebook, One EVS Notebook, One Maths Notebook and one Punjabi Notebook.

Books to be kept in School- English Work Book, English Writing Book, English Grammar Book, Maths Book, Reasoning Book, G.K. Book, Drawing Book, Project Book and One English Notebook (for Writing)

Assessment Technique :

Evaluation and teachings go hand in hand. Our assessment technique has been designed to evaluate child's all round development and day to day performance in the class. Our aim is teaching by doing.

1. The child will be assessed on various competencies based on class activities as well as written class tests that will be conducted at the end of every month. Written tests will be shared with the parents only on Parent Teacher Meet.
2. Assessment will be based on the holistic perspective which is concerned with the development of every child's social, emotional, physical, artistic, creative, spiritual and intellectual potentials.
3. General Assessment will be based on the following points:
 1. Neatness of School uniform, books, notebooks and handwriting.
 2. General behaviour of the child in the class which includes discipline, attentiveness in class, respect for their teachers and elders, care for school property.
 3. Response in the class.
 4. Regularity and Punctuality.
 5. Participation in various school activities.
- " The assessment will be continuous process and the cumulative result will be given over four Periodic Tests.

ACTIVITY

Love understanding, Support and encouragement make education interesting and adventurous for children. The joyous journey not only develop their intellectual capabilities but also help them to become successful human beings.

Every Friday is a no bag day. Children should not carry books in their bag on Friday. To develop self confidence in the children Mike activities will be conducted through out the year. These mike activities will be compulsory for all the students. Parents are requested to help their child to prepare the topics given for the mike activity.

List of Books Prescribed For the Session (2025-26)

Class-I

ENGLISH	PUNJABI
- English Coursebook - New Stepping Stone Course Book - 1 - By Headword Publishing Company - English Workbook - New Stepping Stone Work Book-1 - By Headword Publishing Company - English Grammar Book - New Grammar with a Smile - 1 - By Headword Publishing Company - English Cursive Book - Millennium's Cursive Strokes-1 - By Millennium Book Source Pvt. Ltd.	- ਨਵੀਂ ਨੁਹਾਰ ਪੰਜਾਬੀ ਪਾਠ ਮਾਲਾ - 0 (ਪ੍ਰਵੇਸ਼ਿਕਾ) ਪੇਸਮੇਕਰ ਪਬਲੀਕੇਸ਼ਨਜ਼ - ਅਮੁੱਲ ਬਾਲ ਗੀਤ - ਪੰਜਾਬੀ ਅਭਿਆਸ ਪੁਸਤਕ (ਭਾਗ - ਪਹਿਲਾ)
MATHS	DRAWING
- Focus Mathematics - 1 - By Ratna Sagar - Maths Table Book - By Mrs. Anupma Jain (Anu Prakashan Mandir)	Colours & Craft - 1 - By Viva Education
	CONVERSATION
	Conversation - A Book of Listening and Speaking Skills - 1 - By Dream Publications
E.V.S	GENERAL KNOWLEDGE
Jay Cee's Green Circle Environmental Studies - 1 - By Jaycee Publications	Creative Brains - A Book of General Knowledge - 1 - By P.M. Book House
REASONING APTITUDE	COMPUTER SCIENCE
Aptitude Reasoning - 1 - By Blueprint Education Pvt. Ltd.	New grow with Information Technology - By Headword Publishing

Syllabus for Class I Session (2025-26)

APRIL

Theme - My Self

ENGLISH		MATHS	
Course Book	: L-1 My Friends	Chapter-1	: Numbers upto 20
Work Book	: L-1 My Friends	Chapter-2	: Addition upto 10
Grammar Book	: Chapter - 1 Naming Words		: Counting 1 - 200
	: Chapter - 2 One and Many		: Number Names 1 to 50
	: Chapter - 7 Am, Is and Are		: Numerals 1 to 50
Grammar	: Opposites, One and Many, Nouns		: Table of 2 and 5
Paragraph (in blanks form)			: Addition of two digit numbers (simple)
Topic	: My Mother		: Put the sign >, < or =
Poem	: My Box of crayons	Oral	: Table of 2 and 5
Reading	: L-1 My Friends		: Cross Tables 2 and 5
E.V.S		<u>PUNJABI</u>	
Chapter-1	: It's Me I		: ਨਵੀਂ ਨੁਹਾਰ (ਪੰਜਾਬੀ ਪਾਠ-ਮਾਲਾ) ਪ੍ਰਵੇਸ਼ਕਾ
Chapter-2	: Our Body		: ਓ ਤੋਂ ਲ ਅਤੇ ਖਾਲੀ ਥਾਂਵਾਂ ਭਰੋ
			: ਪੰਨਾ 22 ਤੋਂ 31 (ਮੁਕਤਾ)
			: ਜ਼ਰੂਰੀ ਸ਼ਬਦ, ਤਸਵੀਰਾਂ ਦੇ ਨਾਮ, ਸਬਜ਼ੀਆਂ ਦੇ ਨਾਮ
			: ਖਾਲੀ ਥਾਂਵਾਂ ਭਰੋ
		ਕਵਿਤਾਵਾਂ	: ਤਾਰੇ, ਚੂਹੇ ਦੀ ਆਕੜ
		Reading	: ਪੰਨਾ 23, 26, 29

<u>G.K.</u>	<u>DIVINITY</u>	
Q.1 What is your name? Ans. My name is _____. Q.2 How old are you? Ans. I am _____ years old. Q.3 In which class do you study? Ans. I study in class _____. Q.4 How do you go to school? Ans. I go to school by _____. Q.5 Where is your school situated? Ans. My school is in <u>Model Town, Ludhiana.</u> Q.6 What is the name of your class teacher? Ans. The name of my class teacher is _____. Q.7 What is the name of the Principal of your school? Ans. The name of the Principal of my school is Mrs. Gurmant Kaur Gill. Q.8 What is the name of the headmistress of the Pre-Primary wing? Ans. The name of the headmistress of the Pre-Primary wing is Mrs. Navjeet Kaur. Q.9 Name the five sense organs of our body? Ans. Eyes, ears, nose, tongue and skin are the five sense organs of our body. Q.10 What is the function of our eyes? Ans. Our eyes help us to see. Q.11 What is the function of our ears? Ans. Our ears help us to hear. Q.12 What is the function of our tongue? Ans. Our tongue helps us to speak and taste. Q.13 Which sense organ helps us to smell? Ans. The nose helps us to smell. Q.14 When do we celebrate Baisakhi? Ans. We celebrate Baisakhi on 13th April every year.	Q.1 Who is the first Guru of the Sikhs? Ans. Guru Nanak Dev ji is the first Guru of the Sikhs. Q.2 Where was Guru Nanak Dev ji born? Ans. Guru Nanak Dev ji was born at Rai Bhoi di Talwandi. Q.3 What was the name of Guru Nanak Dev ji's father? Ans. The name of Guru Nanak Dev ji's father was Mehta Kalu ji. Q.4 What was the name of Guru Nanak Dev ji's mother? Ans. The name of Guru Nanak Dev ji's mother was Mata Tripta ji. Q.5 What was the name of Guru Nanak Dev ji's sister? Ans. The name of Guru Nanak Dev Ji's sister was Bebe Nanki Ji. Path : Recitation of 1st Pauri of Japji Sahib	
	<u>DRAWING</u> Identification of Different type of lines • Colouring of Page No. 3 and 4.	<u>CONVERSATION</u> Lesson-1: Introducing Myself Lesson-2 : My Daily Routine Lesson-5 : My Favourites

Syllabus for Class I Session (2025-26)

MAY

Theme - My Family

ENGLISH	MATHS
Course Book : L-4 A Present for Grandma Work Book : L-3 A Present for Grandma Grammar Book : Opposites Vocabulary (Page.60) Grammar : Names of fruits and vegetables Names of colours Identify the pictures is, am, are Paragraph (in blanks form) Topic : My Father Poem : My Grandma Reading : L-5 A Present for Grandma	Chapter-6 : Numbers up to 100 : Counting 1 - 250 : Number Names 1 to 70 : Numerals 1 to 70 : Tables 2, 3 and 5 : Encircle the smallest number : Encircle the biggest number : What comes after, before and between Oral : Tables 2, 3 and 5 : Cross Tables 2, 3 and 5
E.V.S	PUNJABI
Chapter-3 : My Family Chapter-4 : Health is Wealth	: ਨਵੀਂ ਨੁਹਾਰ (ਪੰਜਾਬੀ ਪਾਠ-ਮਾਲਾ) ਪ੍ਰਵੇਸ਼ਕਾ : ਪੰਨਾ 32 ਤੋਂ 34 (ਕੰਨਾ) : ਜ਼ਰੂਰੀ ਸ਼ਬਦ, ਖਾਲੀ ਥਾਂਵਾਂ ਭਰੋ, ਤਸਵੀਰਾਂ ਦੇ ਨਾਮ, ਸਬਜ਼ੀਆਂ ਦੇ ਨਾਮ, ਰੰਗਾਂ ਦੇ ਨਾਮ, ਫ਼ਲਾਂ ਦੇ ਨਾਮ ਕਵਿਤਾਵਾਂ : ਰੱਬ ਨੂੰ ਸੱਦਾ, ਵੈਰੀ ਗੁੱਡ Reading : ਪੰਨਾ 33

G.K.	
Q.1	Name two good habits?
Ans.	Two good habits are: 1. Take a bath everyday. 2. Help the poor and the needy.
Q.2.	What do you say when we do something wrong?
Ans.	We say, Sorry.
Q.3.	What do you say when we want something?
Ans.	We say, Please.
Q.4.	What do we say when somebody gives you something?
Ans.	We say, Thankyou.
Q.5.	What do you say when you sneeze?
Ans.	We say, excuse me.
Q.6.	Name some healthy foods?
Ans.	Fruits, vegetables, fish, milk and eggs are some healthy food.
Q.7.	Name two activities to stay fit and healthy?
Ans.	Walking and cycling are two activities to stay fit and healthy.
Q.8.	How many members are there in your family?
Ans.	There are _____ members in my family.
Q.9.	What is your father's name?
Ans.	My father's name is _____.
Q.10.	What is your mother's name?
Ans.	My mother's name is _____.
Q.11.	How many months are there in a year?
Ans.	There are twelve months in a year.
Q.12.	Name the months of the year?
Ans.	The twelve months of the year are: January, February, March, April, May, June, July, August, September, October, November and December.
Q.13.	Which is the first month of the year?
Ans.	January is the first month of the year.
Q.14.	Which is the last month of the year?
Ans.	December is the last month of the year.

DIVINITY	
Q.6	Who was Bibi Sulakhni Ji ?
Ans.	Bibi Sulakhni Ji was Guru Nanak Dev Ji's wife.
Q.7	Name the two sons of Guru Nanak Dev Ji ?
Ans.	(i) Baba Sri Chand ji (ii) Baba Lakhmi Das Ji
Q.8	Who wrote Japji Sahib Ji ?
Ans.	Japji Sahib Ji was written by Guru Nanak Dev Ji.
Q.9	What is the meaning of Ek Onkar ?
Ans.	It means God is one.
Q.10	Name the first five Sikh Gurus ?
Ans.	The name of the first five Sikh Gurus are : 1. Guru Nanak Dev Ji 2. Guru Angad Dev Ji 3. Guru Amardas Ji 4. Guru Ramdas Ji 5. Guru Arjan Dev Ji
Path	: Recitation of 1 st and 2 nd Pauri of Japji Sahib

COMPUTER SCIENCE	
Course Book : Lesson-2 Uses of Computers	

DRAWING	CONVERSATION
• Rainbow Scene	Lesson-6: My Loving Family Lesson-8 : Good Manners Lesson-10 : Parts of the body

Syllabus for Class I Session (2025-26)
MAY

ENGLISH	MATHS
Revision of Syllabus done in April and May. Periodic - I	Revision of Syllabus done in April and May. Periodic - I
E.V.S	<u>PUNJABI</u>
Revision of Syllabus done in April and May. Periodic - I	April and May ਵਿੱਚ ਕਰਵਾਏ ਸਿਲੇਬਸ ਦੀ ਦੁਹਰਾਈ ਕਰਵਾਈ ਜਾਵੇਗੀ। Periodic - I

<u>G.K.</u>	<u>DIVINITY</u>	
Revision of Syllabus done in April and May. Periodic - I	Revision of Syllabus done in April and May. Periodic - I	
	<u>COMPUTER SCIENCE</u>	
	Revision of Syllabus done in April and May. Periodic - I	
	<u>DRAWING</u>	<u>CONVERSATION</u>
	Revision of Syllabus done in April and May. Periodic - I	Revision of Syllabus done in April and May. Periodic - I

Competencies Based Activities for Periodic - I (Session 2025-26)

APRIL	MAY
* Mike Activity - Myself (speak lines on the given topic) * Art and Craft Activity * Paste your Photograph Activity * Outdoor Activities (Physical) * Memory game	* Poem Recitation Activity * Hands - on - Activities * Sticking Pulses Activity (Punjabi Activity) * Photo Frame Making Activity * Blind fold Activity

Syllabus for Class I Session (2025-26)

Theme : Food, Health and Hygiene

JULY

ENGLISH		MATHS	
Course Book	: L-12 Varun's Breakfast	Chapter-3	: Subtraction upto 10
Work Book	: L-7 Varun's Breakfast	Chapter-5	: Addition and Subtraction upto 20
Grammar Book	: Ch-4 : Pronouns		: Counting 1 - 300
	: Ch-5 : More Pronouns		: Number Names 1 to 100
Grammar	: Rhyming Words		: Numerals 1 to 100
	: Pronouns		: Addition Sums (simple)
	: Opposites		: Mental Sums (+,-)
Paragraph Writing	: (in blanks form)		: Table of 4
Topic	: A Chair	Oral	: Tables 2, 3 and 4
Poem	: A Happy Child		: Cross Tables 2, 3 and 4
Reading	: L-12 Varun's Breakfast		
E.V.S		<u>PUNJABI</u>	
Chapter-7	: Safety Saves		: ਨਵੀਂ ਨੁਹਾਰ (ਪੰਜਾਬੀ ਪਾਠ-ਮਾਲਾ) ਪ੍ਰਵੇਸ਼ਕਾ
Chapter-8	: Food		: ਪੰਨਾ 35,36,37 (ਸਿਹਾਰੀ)
			: ਜ਼ਰੂਰੀ ਸ਼ਬਦ, ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਤਸਵੀਰਾਂ ਦੇ ਨਾਮ
			: ਰੰਗਾਂ ਦੇ ਨਾਮ, ਫ਼ਲਾਂ ਦੇ ਨਾਮ, ਸਬਜ਼ੀਆਂ ਦੇ ਨਾਮ
		ਕਵਿਤਾਵਾਂ	: ਮੋਟੂ ਮੱਲ, ਬੱਤਖਾਂ
		Reading	: ਪੰਨਾ-36

<u>G.K.</u>	
Q1. Name any five fruits ? Ans. The names of five fruits are Apple, Mango, Orange, Banana and Grapes. Q2. Name any five vegetables ? Ans. The names of five vegetables are Potato, Tomato, Brinjal, Lady finger and cabbage. Q3. Which fruit is known as the king of all the fruits ? Ans. Mango is known as the king of all the fruits. Q4. Name any two fruits that are eaten with seeds ? Ans. The names of two fruits that are eaten with seeds are Banana and Pineapple. Q5. Name two vegetables which are red in colour ? Ans. The name of two vegetables that are red in colour are carrot and tomato. Q6. What type of vegetables are rich in iron ? Ans. Green vegetables like spinach, peas, broccoli, beans are rich in iron. Q7. Which vegetables are eaten as salad ? Ans. Cucumber, carrot, Radish and Tomato are the vegetables that are eaten as salad. Q8. Name any two fruits that are rich in Vitamin C ? Ans. The names of two fruits that are rich in Vitamin C are Orange and Strawberries. Q9. Name any two fruits that are rich in iron ? Ans. The names of two fruits that are rich in iron are apple and avocado. Q10. What type of clothes do we wear in summer season ? Ans. We wear cotton clothes in summer season. Q11. What type of clothes do we wear in winter season ? Ans. We wear woollen clothes in winter season. Q12. In which season do we wear raincoat ? Ans. We wear raincoat in rainy season. Q13. Name any two summer clothes ? Ans. The names of two summer clothes are T-shirt and shorts.	Q14. Name any two winter clothes ? Ans. The names of two winter clothes are sweater and jacket. Q15. How many colours are there in a rainbow ? Ans. There are seven colours in a rainbow. Q16. What is the full form of VIBGYOR ? Ans. VIBGYOR stands for Violet, Indigo, Blue, Green, Yellow, Orange and Red colour which indicates the colours of the rainbow.
<u>DIVINITY</u>	
	Q1. What are the three teachings of Guru Nanak Dev Ji ? Ans. The three teachings of Guru Nanak Dev Ji are : 1. Kirat Karo 2. Naam Japo 3. Vand Chhako Q2. Who is the second Guru of the Sikhs ? Ans. Guru Angad Dev Ji is the second Guru of the Sikhs. Q3. What was the first name of Guru Angad Dev Ji ? Ans. Bhai Lehna ji was the first name of Guru Angad Dev Ji. Q4. Where was Guru Angad Dev Ji born ? Ans. Guru Angad Dev Ji was born at Matte Di Sarai. Q5. Who is the third Guru of the Sikhs ? Ans. Guru Amardas Ji is the third Guru of the Sikhs. Path : Recitation of Japji Sahib Pauries - 1 to 3.
<u>COMPUTER SCIENCE</u>	
Course Book : Lesson-3 Parts of A Computer.	
<u>DRAWING</u>	<u>CONVERSATION</u>
• Identification of basic geometrical shapes. • Complete the Page No. 12	Lesson-7 : My House Lesson-9 : Healthy Food

Syllabus for Class I Session (2025-26)

AUGUST

Theme : Clothes

ENGLISH		MATHS	
Course Book	: Lesson-13 Sofia and Soapy	Chapter-4	: Shapes and Patterns
Work Book	: Lesson-8 Sofia and Soapy		: Counting 1 - 400
Grammar Book	: Chapter-3 : A and An		: Number names 1 to 120
	Chapter-12 : To Whom Does it		: Numerals 1 to 120
	Belong?		: Subtraction of two-digit
Grammar	: Complete the words		: Numbers (simple)
	Use a or an		: Shapes
	Comprehension Passage		: Complete the pattern
Paragraph Writing	: (in blanks form)	Oral	: Tables 2, 3 and 4
Topic	: A Cupboard		: Cross Tables 2, 3 and 4
Poem	: Five Little Seeds		
Reading	: Lesson-13 Sofia and Soapy		
E.V.S		PUNJABI	
Chapter-9	: The clothes we wear		: ਨਵੀਂ ਨੁਹਾਰ (ਪੰਜਾਬੀ ਪਾਠ-ਮਾਲਾ) ਪ੍ਰਵੇਸ਼ਕਾ
Chapter-10	: Our Shelter		: ਪੰਨਾ 38, 39, 40 (ਬਿਹਾਰੀ)
			: ਜ਼ਰੂਰੀ ਸ਼ਬਦ, ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਤਸਵੀਰਾਂ ਦੇ ਨਾਮ
			: ਰੰਗਾਂ ਦੇ ਨਾਮ, ਫਲਾਂ ਦੇ ਨਾਮ, ਸਬਜ਼ੀਆਂ ਦੇ ਨਾਮ
		ਕਵਿਤਾਵਾਂ	: ਓ ਤੋਤਿਆ, ਮਾਂ ਮਾਂ
		Reading	: ਪੰਨਾ-39

G.K.			
Q1.	What is the large body of flowing water called ?	Q16.	Name the colours of our national flag ?
Ans.	A large body of flowing water is called a river.	Ans.	The names of colour of our national flag are saffron, white and green.
Q2.	Name any two uses of water ?	Q17.	What is the colour of ‘Ashoka chakra ?
Ans.	We use water for drinking and cleaning.	Ans.	The colour of the Ashoka Chakra is Navy Blue.
Q3.	Why do we need water ?	Q18.	How many spokes are there in Ashoka Chakra ?
Ans.	We need water to live and grow.	Ans.	There are 24 spokes in Ashoka Chakra.
Q4.	What is a house ?	<u>DIVINITY</u>	
Ans.	A house is a place where we live with our family.	Q6.	Where was Guru Amardas Ji born ?
Q5.	Name two types of houses ?	Ans.	Guru Amardas Ji was born at Basarke.
Ans.	The names of two types of houses are kutcha house and pucca house.	Q7.	What was the name of Guru Amardas Ji’s father?
Q6.	Which materials are used to make a pucca house ?	Ans.	The name of Guru Amardas Ji’s father was Sri Tej Bhan Ji.
Ans.	Bricks and Cement are used to make a pucca house.	Q8.	What was the name of Guru Amardas Ji’s mother?
Q7.	What are houseboats known as ?	Ans.	The name of Guru Amardas Ji’s mother was Mata Sulakhni Ji.
Ans.	Houseboats are known as shikaras.	Q9.	Who wrote Anand Sahib Ji ?
Q8.	Where are houseboats found ?	Ans.	Anand Sahib Ji was written by Guru Amardas Ji.
Ans.	Houseboats are found in Kashmir.	Q10.	Name the last five Sikh Gurus ?
Q9.	What is the house made of snow called ?	Ans.	6. Guru Hargobind Sahib Ji. 7. Guru Har Rai Ji.
Ans.	The house made of snow is called an igloo.		8. Guru Harkrishan Ji. 9. Guru Teg Bahadur Ji
Q10.	What is the shape of an igloo ?		10. Guru Gobind Singh Ji
Ans.	An igloo has a dome shape.	Path : Recitation of Path 1 to 4 Pauries (Japji Sahib)	
Q11.	Where do Eskimos live ?	<u>COMPUTER SCIENCE</u>	
Ans.	Eskimos live in igloos.	Course Book Lesson-4 The keyboard and the mouse.	
Q12.	What is a house on wheels called ?		
Ans.	A house on wheels is called a caravan.	<u>DRAWING</u>	<u>CONVERSATION</u>
Q13.	Name two types of Kutcha houses ?	• Landscape with different type of geometrical shapes.	Lesson-13 : Colours Lesson-15 : Time
Ans.	The names of two types of Kutcha houses are tent and houseboats.		
Q14.	What is our national flag called ?		
Ans.	Our national flag is called Tiranga.		
Q15.	How many colours are there in our national flag?		
Ans.	There are three colours in our national flag.		

Syllabus for Class I Session (2025-26)

SEPTEMBER

ENGLISH	MATHS
Grammar Book : Vocabulary : This is / That is (Page. 56) : These are / Those are (Page. 58) Grammar : Use This/That, These/Those in the blanks Poem : Jungle Rhyme Revision of syllabus done in July and August Periodic - II	: Counting 1 - 450 : Number Names 1 to 140 : Numerals 1 to 140 : Ascending order : Place value sums : Tables 2 to 6 Oral : Tables 2 to 6 : Cross Tables 2 to 6 Revision of syllabus done in July and August Periodic - II
E.V.S	<u>PUNJABI</u>
Revision of syllabus done in July and August Periodic - II	July and August ਵਿੱਚ ਕਰਵਾਏ ਸਿਲੇਬਸ ਦੀ ਦੁਹਰਾਈ ਕਰਵਾਈ ਜਾਵੇਗੀ। Periodic - II

<u>G.K.</u>	<u>DIVINITY</u>	
Q1. Name two safety rules Ans. The two safety rules are : 1. Do not play on the road. 2. Always walk on the footpath Q2. Where should children play ? Ans. The children should play in the playground or parks. Q3. Where should we cross the road ? Ans. We should cross the road at the zebra crossing. Q4. What does red light tell us ? Ans. Red light tells us to get stop. Q5. What does yellow light tell us ? Ans. Yellow light tells to get ready. Q6. What does green light tell us ? Ans. Green light tells us to go. Q7. How many weeks are there in a year ? Ans. There are 52 weeks in a year. Q8. In a leap year which month has an extra day ? Ans. In a leap year February month has an extra day. Q9. How many days are there in a leap year ? Ans. There are 366 days in a leap year. Q10. How many days are there in a year ? Ans. There are 365 days in a year Q11. Name the four directions ? Ans. The names of four directions are North, East, West and South. Q12. What does the word 'NEWS' stand for ? Ans. NEWS stands for "North East West and South". Revision of syllabus done in July and August Periodic-II.	Revision of Syllabus done in July and August. Periodic - II	
	<u>COMPUTER SCIENCE</u>	
	Revision of Syllabus done in July and August. Periodic - II	
	<u>DRAWING</u>	<u>CONVERSATION</u>
	Revision of Syllabus done in July and August. Periodic - II	Lesson-16 : Days of the Week Lesson-17 : Months in a year. Periodic - II

Competencies Based Activities for Periodic-II (Session - 2025-26)

JULY	SEPTEMBER
* Cooking without fire Activity. * Origami Activity. * Cut and Paste Activity. * Draw a hut using shapes in MS Paint.	* Art and Craft Activity. * Show and tell Activity. * Punjabi Activity. * Visit to Gurudwara Sahib.
AUGUST	
* Sorting Activity. * Outdoor Activity (Physical) * Audio Visual Activity.	

Syllabus for Class I Session (2025-26)

Theme : My House, Our Helpers

OCTOBER

ENGLISH		MATHS	
Course Book	: Lesson-3 Malar's Big House	Chapter-8	: Addition and Subtraction
Work Book	: Lesson-2 Malar's Big House		: upto to 100
Grammar Book	: Chapter-6 : Doing Words		: Counting 1 - 500
	: Chapter-8 : Has and Have		: Numbers names 1 to 170
Grammar	: Use has/have in the blanks, verbs		: Numerals 1 to 170
Paragraph Writing	: (with outline)		: Expanded form
Topic	: My School		: Addition and Subtraction Sums (Simple)
Story	: The Lion and the Mouse		: Tables of 7
Reading	: Lesson-3 Malar's Big House	Oral	: Tables 2 to 7
			: Cross Tables 2 to 7
E.V.S		<u>PUNJABI</u>	
Chapter - 5	: Our Neighbourhood		: ਨਵੀਂ ਨੁਹਾਰ (ਪੰਜਾਬੀ ਪਾਠ-ਮਾਲਾ) ਪ੍ਰਵੇਸ਼ਕਾ
Chapter - 6	: Our Helpers		: ਪੰਨਾ 41, 42, 43 (ਔਂਕੜ)
			: ਜ਼ਰੂਰੀ ਸ਼ਬਦ, ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਤਸਵੀਰਾਂ ਦੇ ਨਾਮ
			: ਰੰਗਾਂ ਦੇ ਨਾਮ, ਫੁਲਾਂ ਦੇ ਨਾਮ, ਸਬਜ਼ੀਆਂ ਦੇ ਨਾਮ
		ਕਵਿਤਾਵਾਂ	: ਰਿੱਛ, ਡੱਡੂ ਦੇ ਲੱਭੂ
		Reading	: ਪੰਨਾ-42

<u>G.K.</u>	<u>DIVINITY</u>	
Q1. What gives energy to the plants ? Ans. Sunlight gives energy to the plants. Q2. Name the Primary colours ? Ans. The names of the primary colours are red, yellow and blue. Q3. Name any two tools we use in a garden ? Ans. The names of two tools that we use in a garden are spade and shears. Q4. Name any two plants that have medicinal value ? Ans. The names of two plants that have medicinal value are Neem and Tulsi. Q5. What is our national flower ? Ans. Lotus is our national flower. Q6. Which plant grows in the desert ? Ans. Cactus grows in the desert. Q7. Which part of the plant grows first from the seed ? Ans. Root of the plant grows first from the seed . Q8. Name two indoor plants ? Ans. The names of the two indoor plants are Money plant and Snake plant. Q9. What is a tree ? Ans. Big and strong plant is called a tree Q10. Which gas do humans breathe in to live ? Ans. Humans breathe in oxygen gas to live. Q11. When is Gandhi Jayanti celebrated ? Ans. Gandhi Jayanti is celebrated on 2nd October every year. Q12. Who is known as the Father of the Nation ? Ans. Mahatma Gandhi is known as the Father of the Nation. Q13. Who gave the title of the “Father of the Nation” to Mahatma Gandhi ? Ans. Subhash Chandra Bose gave the title of the “Father of the Nation” to Mahatma Gandhi.	Q1. Who is the present Guru of the Sikhs ? Ans. Guru Granth Sahib Ji is the present Guru of the Sikhs. Q2. Who wrote Sukhmani Sahib Ji ? Ans. Sukhmani Sahib Ji was written by Guru Arjan Dev Ji. Q3. Name the Sikh Gurus Whose Bani is written in Sri Guru Granth Sahib Ji ? Ans. 1) Guru Nanak Dev Ji 2) Guru Angad Dev Ji 3) Guru Amardas Ji 4) Guru Ramdas Ji 5) Guru Arjan Dev Ji 6) Guru Teg Bahadur Ji Q4. How many ang (pages) are there in Sri Guru Granth Sahib Ji ? Ans. There are 1430 ang (pages) in Sri Guru Granth Sahib Ji. Q5. How many ragas are there in Sri Guru Granth Sahib Ji ? Ans. There are 31 ragas in Sri Guru Granth Sahib Ji. Path : Recitation of Path 1 to 5 Pauries, (Japji Sahib)	
<u>COMPUTER SCIENCE</u>		
Course Book : Lesson-5 Starting Tux paint		
<u>DRAWING</u>		<u>CONVERSATION</u>
* Snowman Scene		Lesson-3 : My School Lesson-4 : My Classroom

Syllabus for Class I Session (2025-26)

Theme : Animals and Plants

NOVEMBER

ENGLISH		MATHS	
Course Book	: Lesson-8 The Cat and the Birds	Chapter-12	: Data Handling
Work Book	: Lesson-5 The Cat and the Birds		: Counting 1 to 550
Grammar Book	: Chapter-9 : What is happening now		: Number Names 1 to 200
	: Chapter-15 : The Sentence		: Numerals 1 to 200
Grammar	: Change the Number		: Descending Order
	: Punctuation		: Skip Counting by 2's, 5's and 10's
	: Comprehension Passage		: Mental sums (+,-)
Paragraph Writing	: (with outline)		: Pictograph
Topic	: My Classroom	Oral	: Tables and cross Tables
Story	: Haste makes Waste		: 2 to 7
Reading	: Lesson-8 : The Cat and the Birds		
E.V.S		<u>PUNJABI</u>	
Chapter-11	: The World of Animals		: ਨਵੀਂ ਨੁਹਾਰ (ਪੰਜਾਬੀ ਪਾਠ-ਮਾਲਾ) ਪ੍ਰਵੇਸ਼ਕਾ
Chapter-12	: Plants - Our Green Friends		: ਪੰਨਾ 44, 45, 46 (ਦੁਲੈਂਕੜ)
			: ਜ਼ਰੂਰੀ ਸ਼ਬਦ, ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਤਸਵੀਰਾਂ ਦੇ ਨਾਮ,
			ਵਾਕ ਬਣਾਉ, ਸੁੱਧ ਕਰੋ, ਰੰਗਾਂ ਦੇ ਨਾਮ, ਫਲਾਂ ਦੇ ਨਾਮ,
			ਸ਼ਬਦੀਆਂ ਦੇ ਨਾਮ ।
		ਕਵਿਤਾਵਾਂ	: ਨੱਟੂ ਘੋੜਾ, ਬਿੱਲੀ ਮਾਸੀ
		Reading	: ਪੰਨਾ-45

<u>G.K.</u>	<u>DIVINITY</u>	
Q1. Name any two wild animals ? Ans. The name of two wild animals are Lion and Elephant. Q2. Name the animal which guards our house ? Ans. The dog guards our house. Q3. Name any two animals which give us milk. Ans. The cow and the goat give us milk. Q4. Where do the wild animals live ? Ans. Wild animals live in the forest. Q5. Which bird dances in the rain ? Ans. The peacock dances in the rain. Q6. Which bird is active at night ? Ans. The owl is active at night. Q7. What are baby frogs called ? Ans. Baby frogs are called tadpoles. Q8. Which sea animal has eight arms ? Ans. An Octopus has eight arms. Q9. Which is our national animal ? Ans. Tiger is our national animal. Q10. Which is our national bird ? Ans. Peacock is our national bird. Q11. Who wrote the national song of India, “Vande Mataram” ? Ans. The national song of India, “Vande Mataram”, was written by Bankim Chandra Chattopadhyay. Q12. How many states are there in India ? Ans. There are 28 states in India. Q13. How many union territories are there in India ? Ans. There are 8 union territories in India. Q14. Which is the smallest state in India ? Ans. Goa is the smallest state in India. Q15. Which is the largest state in India ? Ans. Rajasthan is the largest state in India. Q16. What is the currency of India ? Ans. The currency of India is the “Indian Rupee”.	Q6. Who is the fourth Guru of the Sikhs ? Ans. Guru Ramdas Ji is the fourth Guru of the Sikhs. Q7. Where was Guru Ramdas Ji born ? Ans. Guru Ramdas Ji was born in Lahore. Q8. What was the name of Guru Ramdas Ji’s father ? Ans. The name of Guru Ramdas Ji’s father was Sri Haridas Ji. Q9. What was the name of Guru Ramdas Ji’s mother ? Ans. The name of Guru Ramdas Ji’s mother was Mata Daya Kaur Ji. Q10. What did Guru Ramdas Ji’s parents call him ? Ans. Guru Ramdas Ji’s parents called him Jetha Ji. Path : Revision of Japji Sahib Pauries 1 to 5.	
	<u>COMPUTER SCIENCE</u>	
	Course Book : Lesson-6 More on Tux Paint	
	<u>DRAWING</u>	<u>CONVERSATION</u>
	• Colouring of Page No. 17 and 19.	Lesson-11 : Our Helpers Lesson-12 : Our Neighbourhood.

Syllabus for Class I Session (2025-26)
DECEMBER

ENGLISH	MATHS
Grammar Book : Vocabulary Male and Female (Page 63) Grammar : Change the gender : Days of the week Revision of Syllabus done in the month of October and November Periodic-III	Chapter-10 : Time : Show the time : Reverse counting 100 - 0 Oral : Tables 2 to 7 Cross tables 2 to 7 Revision of Syllabus done in the month of October and November Periodic-III
E.V.S	<u>PUNJABI</u>
Chapter-13 : Festivals Are Fun Revision of Syllabus done in the month of October and November Periodic-III	October and November ਵਿੱਚ ਕਰਵਾਏ ਸਿਲੇਬਸ ਦੀ ਦੁਹਰਾਈ ਕਰਵਾਈ ਜਾਵੇਗੀ। Periodic-III

<u>G.K.</u>	<u>DIVINITY</u>	
Q1. Which festival is called the festival of lights? Ans. Diwali is called the festival of lights. Q2. Which festival is called the festival of colours ? Ans. Holi is called the festival of colours. Q3. Name any one festival celebrated by the Muslims ? Ans. Eid/ Muharram is celebrated by the Muslims. Q4. Name any two festivals celebrated in India? Ans. The names of two festivals celebrated in India are Diwali and Raksha Bandhan. Q5. In which month do we celebrate Christmas? Ans. We celebrate Christmas in the month of December. Q6. Which festival is celebrated as the birth of lord Krishna? Ans. Janmashtami is celebrated as the birth of lord Krishna. Q7. Which festival is celebrated by the Sikhs? Ans. Gurburab is celebrated by the Sikhs. Q8. Who invented Telephone ? Ans. Telephone was invented by Alexander Graham Bell. Q9. Who invented the electric bulb? Ans. The electric bulb was invented by Thomas Alva Edison. Q10. Who is known as the father of computer? Ans. Charles Babbage is known as the father of computer. Q11. Which machine is used to withdraw our money? Ans. ATM is used to withdraw our money. Q12. What is the full form of ATM? Ans. ATM stands for Automated Teller Machine. Revision of full Syllabus done in October and November Periodic-III	Revision of Syllabus done in October and November Periodic-III	
	<u>COMPUTER SCIENCE</u>	
	Revision of Syllabus done in the month of October and November Periodic-III	
	<u>DRAWING</u>	<u>CONVERSATION</u>
	Revision of Syllabus done in the month of October and November Periodic-III	Lesson-19 : Festivals Lesson-20 : Animals Periodic-III

COMPETENCIES BASED ACTIVITIES FOR PERIODIC - III (SESSION - 2025-26)

OCTOBER	DECEMBER
* Dramatic Activity * Hands-on-Activity * Mike Activity (speak lines on the given topic)	* Art and Craft Activity. * visit to a school garden.
NOVEMBER	
* Outdoor Activity (Physical) * Role play Activity * Field trip Activity * Card Making Activity in Tux Paint	

Syllabus for Class I Session (2025-26)

Theme : Seasons

JANUARY

ENGLISH		MATHS	
Course Book	: Lesson-6 Playtime	Chapter-9	: Learn to Multiply
Work Book	: Lesson-4 Playtime		: Counting 1- 600
Grammar Book	: Chapter-11 Describing Words		: Number names 1 to 220
	: Chapter-13 Position Words		: Numerals 1 to 220
Grammar	: Adjectives		: Fill in the blanks (MCQ form)
	: Use of in, on and under		: Sums of addition and subtraction (Simple)
Paragraph Writing	: (with outline)		: Sums of Multiplication (single digit)
Topic	: Summer Season	Oral	: Table of 8
Story	: Two Friends and The Bear		
Reading	: Lesson-6 Playtime		
E.V.S		<u>PUNJABI</u>	
Chapter-14	: Travelling Time		: ਨਵੀਂ ਨੁਹਾਰ (ਪੰਜਾਬੀ ਪਾਠ-ਮਾਲਾ) ਪ੍ਰਵੇਸ਼ਕਾ
Chapter-15	: Weather		: ਪੰਨਾ 47, 48, 49 (ਲਾਂ)
			: ਜ਼ਰੂਰੀ ਸ਼ਬਦ, ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਤਸਵੀਰਾਂ ਦੇ ਨਾਮ,
			ਸ਼ੁੱਧ ਕਰੋ, ਲਿੰਗ ਬਦਲੋ, ਜਾਨਵਰਾਂ ਦੇ ਨਾਮ,
			ਫਲਾਂ ਦੇ ਨਾਮ, ਸਬਜ਼ੀਆਂ ਦੇ ਨਾਮ, ਪੰਛੀਆਂ ਦੇ ਨਾਮ,
			ਰੰਗਾਂ ਦੇ ਨਾਮ ।
		ਕਵਿਤਾਵਾਂ	: ਚੂਹਾ, ਡੰਮ ਡਮਾ ਡੰਮ ਡੰਮ ।
		Reading	: ਪੰਨਾ-48

<u>G.K.</u>		<u>DIVINITY</u>	
Q1.	Name any two things which we see in the sky at night?	Q1.	Name the four Sahibzadas?
Ans.	We see the stars and the moon in the sky at night.	Ans.	The names of the four Sahibzadas are: 1. Baba Ajit Singh ji 3. Baba Zorawar Singh ji 2. Baba Jujhar Singh ji 4. Baba Fateh Singh ji.
Q2.	Which is the national game of India?	Q2.	Name the five beloveds?
Ans.	Hockey is the national game of India.	Ans.	The names of the five beloveds are: 1. Bhai Daya Singh ji 2. Bhai Dharam Singh ji 3. Bhai Himmat Singh ji 4. Bhai Mohkam Singh ji 5. Bhai Sahib Singh ji.
Q3.	What is the capital of India?	Q3.	What is Fateh?
Ans.	The capital of India is New Delhi.	Ans.	It is a sikh way of greeting by saying Waheguru ji ka Khalsa, Waheguru ji ki Fateh.
Q4.	Who is the current Prime Minister of India?	Q4.	What is Jaikara?
Ans.	The current Prime Minister of India is Mr. Narendra Modi.	Ans.	It is a war cry spoken as "Bole So Nihal, Sat Sri Akal".
Q5.	Who is the President of India?	Q5.	Name the Banis which form the part of our morning Nitname?
Ans.	The President of India is Ms. Droupadi Murmu.	Ans.	1. Japji Sahib 2. Jaap Sahib 3. Tavprasad Sawaiye 4. Chaupai Sahib 5. Anand Sahib
Q6.	In which state do you live?	Path	: Recitation of 6th Pauri of Japji Sahib
Ans.	We live in Punjab.		
Q7.	What is the capital of Punjab?		
Ans.	The capital of Punjab is Chandigarh.		
Q8.	Who is the current Chief Minister of Punjab?		
Ans.	Mr. Bhagwant Mann is the current Chief Minister of Punjab.		
Q9.	Who is the education minister of Punjab?		
Ans.	S. Harjot Singh Bains is the education minister of Punjab.		
Q10.	People of which state speak Tamil?		
Ans.	People of Tamil Nadu speak Tamil.		
Q11.	People of which State speak Malayalam?		
Ans.	People of Kerala speak Malayalam.		
Q12.	People of which State speak Kannada?		
Ans.	People of Karnataka speak Kannada.		
Q13.	People of which state speak Telugu?		
Ans.	People of Andhra Pradesh and Telangana speak Telugu.		
Q14.	People of which state speak Marathi?		
Ans.	People of Maharashtra speak Marathi.		
Q15.	Where is the Taj Mahal located?		
Ans.	The Taj Mahal is located in Agra.		
Q16.	Where is the India Gate?		
Ans.	The India Gate is in New Delhi.		
Q17.	Where is the Charminar?		
Ans.	The Charminar is in Hyderabad.		
Q18.	Where is the Victoria Memorial?		
Ans.	The Victoria Memorial is in Kolkata.		
Q19.	Where is the Qutub Minar?		
Ans.	Qutub Minar is in New Delhi.		
Q20.	In which city Jantar Mantar is located?		
Ans.	Jantar Mantar is located in New Delhi.		

<u>COMPUTER SCIENCE</u>	
Course Book	: Lesson-7 Data and Momory
<u>DRAWING</u>	<u>CONVERSATION</u>
• Make different type of Fishes using basic geometrical shapes. • Colouring of Page No. 20 and 27.	Lesson-14 : Seasons Lesson-18 : My Country and National Symbols

Syllabus for Class I Session (2025-26)

Theme : Nature and In the Sky

FEBRUARY

ENGLISH		MATHS	
Course Book	: Lesson-10 The Sun and the Wind.	Chapter-12	: Money
Work Book	: Lesson-6 The Sun and the Wind.		: Counting 1 to 650
Grammar Book	: Ch-10 What happened before		: Number names 1 to 250
	: Ch-14 Joining Words		: Numerals 1 to 250
Grammar	: Identify the gender (Male/ Female)		: Fill in the blanks (Money)
	Comprehension Passage		: Carry Sums
Paragraph Writing	: (with outline)		: Word Problems
Topic	: Winter Season	Oral	: Tables 2 to 8 and 10
Story	: The Ant And The Grasshopper		: Cross Tables 2 to 8 and 10
E.V.S		<u>PUNJABI</u>	
Chapter-16	: In the sky		: ਨਵੀਂ ਨੁਹਾਰ (ਪੰਜਾਬੀ ਪਾਠ-ਮਾਲਾ) ਪ੍ਰਵੇਸ਼ਕਾ
Chapter-17	: Our Earth		: ਪੰਨਾ 50, 51, 52 (ਦੁਲਾਵਾਂ)
			: ਜ਼ਰੂਰੀ ਸ਼ਬਦ, ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਤਸਵੀਰਾਂ ਦੇ ਨਾਮ,
			ਵਾਕ ਬਣਾਉ, ਜਾਨਵਰਾਂ ਦੇ ਨਾਮ, ਪੰਛੀਆਂ ਦੇ ਨਾਮ,
			ਰੰਗਾਂ ਦੇ ਨਾਮ, ਸਬਜ਼ੀਆਂ ਦੇ ਨਾਮ, ਫਲਾਂ ਦੇ ਨਾਮ ।
		ਕਵਿਤਾਵਾਂ	: ਬੱਬਲੂ ਤੇ ਬਾਂਦਰ, ਮੇਰੇ ਲਾਲ
		Reading	: ਪੰਨਾ-51

<u>G.K.</u>		<u>DIVINITY</u>	
Q1.	Where is Hawa Mahal ?	Q6.	At what time of the day we recite Rehras Sahib ?
Ans.	Hawa Mahal is in Jaipur.	Ans.	We recite Rehras Sahib at sun set.
Q2.	In which city is Salar Jung Museum Situated ?	Q7.	Which Bani do we recite before going to bed at night ?
Ans.	Salar Jung museum is situated in Hyderabad.	Ans.	We recite Sohila Sahib before going to bed at night.
Q3.	Name a few modes of land transport?	Q8.	Who laid the foundation stone of Sri Harmandir Sahib?
Ans.	The names of a few modes of land transport are bicycle, bus, tonga, car and auto-rickshaw.	Ans.	The foundation stone of Sri Harmandir Sahib was laid by Muslim Faqir Sai Mian Mir.
Q4.	Name two modes of air transport?	Q9.	Who was the first head Granthi of Sri Harmandir Sahib?
Ans.	The names of two modes of air transport are aeroplane and helicopter.	Ans.	Baba Buddha Ji was the first head Granthi of Sri Harmandir Sahib.
Q5.	Name the fastest means of transport?	Q10.	What was the previous name of Amritsar?
Ans.	Aeroplane is the fastest means of transport.	Ans.	The previous name of Amritsar was Ramdaspur.
Q6.	Name any two modes of water transport?	Path :	Recitation of 1 to 6 Pauries of Japji Sahib
Ans.	The names of two modes of water transport are ship and yacht.		
Q7.	How many wheels does a car has?		
Ans.	A car has four wheels.		
Q8.	Name any one vehicle which has three wheels?		
Ans.	An Auto-rickshaw has three wheels.		
Q9.	Name any two vehicles which have two wheels?		
Ans.	Scooter and motorcycle have two wheels.		
Q10.	Name the transport which does not run on machine?		
Ans.	Cycle does not run on machine.		
Q11.	Why Earth is called the blue planet?		
Ans.	The Earth is called the blue planet because three-fourth of the earth is covered with water.		
Q12.	In which galaxy our solar system is located?		
Ans.	Our Solar system is located in the galaxy Milky way.		
Q13.	What is the full form of ISRO?		
Ans.	ISRO stands for "Indian Space Research Organisation".		
Q14.	What is the name of the first person who landed on the moon?		
Ans.	The name of the first person who landed on the moon was Neil Armstrong.		
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Syllabus for Class I Session (2025-26)
MARCH

ENGLISH	MATHS
Grammar Book : Vocabulary : Homes of Animals (Pg.67) Sound of Animals (Pg.68) Grammar : Homes of Animals : Punctuation Revision of Syllabus done in January and February Periodic - IV	Chapter-7 : Measurement : Counting 1 to 700 : Ordinal Numbers Revision of Syllabus done in January and February Periodic - IV
E.V.S	<u>PUNJABI</u>
Revision of Syllabus done in January and February Periodic - IV	January and February ਵਿੱਚ ਕਰਵਾਏ ਸਿਲੇਬਸ ਦੀ ਦੁਹਰਾਈ ਕਰਵਾਈ ਜਾਵੇਗੀ। Periodic-IV

<u>G.K.</u>	<u>DIVINITY</u>	
Revision of Syllabus done in January and February Periodic - IV	Revision of Syllabus done in January and February Periodic - IV	
	<u>COMPUTER SCIENCE</u>	
	Revision of Syllabus done in the month of January and February Periodic - IV	
	<u>DRAWING</u>	<u>CONVERSATION</u>
	Revision of Syllabus done in the month of January and February Periodic - IV	Chapter-22 : Homes of Animals Chapter-24 : The world around us Periodic - IV

COMPETENCIES BASED ACTIVITIES FOR PERIODIC - IV (SESSION - 2025-26)

JANUARY	MARCH
* Mike-Activity (speak few lines on the given topic) * Outdoor Activities (Physical) * Hands-on-Activities * Poem - Recitation Activity * Sorting Activity	* Audio - Visual Activity.
FEBRUARY	
* Computer Activity * Audio-Visual Activity * Cut and Paste Activity * Punjabi Activity * Typing Paragraph in Wordpad	

<u>STORIES FOR (PT-III)</u>	<u>STORIES FOR PT-IV</u>
THE LION AND THE MOUSE (PT-III) Once a lion was sleeping in a den. A mouse ran over him. The lion was angry. He got up and caught the mouse in his paw. The mouse said, "Mr. Lion please don't eat me. I will help you some day." So the lion let him go. One day, the lion was caught in a net. The mouse cut off the net with his sharp teeth and set the lion free. Moral : We should help others.	TWO FRIENDS AND THE BEAR (PT-IV) Two friends went into a forest one day. They saw a bear. They got scared. Only one friend knew how to climb a tree. He climbed the tree quickly without thinking about his friend. The other friend was intelligent but did not know how to climb a tree. He had heard that animals do not like dead bodies. He lay on the ground and held his breath. The bear came, sniffed him and thought he was dead and went away. The first friend asked him what the bear had said in his ears. The other friend said that the bear had asked him to keep away from selfish friends like you and he went away. Moral: A friend in need is a friend indeed
HASTE MAKES WASTE (PT-III) A woman had a pet mongoose. It was very faithful. One day she went to the market, leaving her baby in the care of the mongoose. At that time a cobra entered the house. The mongoose killed it after a long fight. When the woman came back, she saw the mouth of the mongoose covered with blood. She thought that the mongoose had killed her baby. She threw a pot on it and killed it. Alas, when she entered the house she saw her baby playing cheerfully. And a cobra lying dead nearby. She realised that she had killed the mongoose in a haste. Moral : Think before you act	THE ANT AND THE GRASSHOPPER Once upon a time a grasshopper and an ant used to live by the side of a river. During the summer season the ant remained busy collecting the food grains, while the grasshopper spent his days in laziness. Every now and then, the grasshopper would tell the ant to take a break. However, the ant would refuse and continue to complete his work. Soon winters came and there was no food anywhere. The ant remained healthy as it had stored enough food to eat, while the grasshopper who had not stored any food became very weak. He asked the ant to lend him some food but the ant refused to give. The grasshopper then realised that he should have also utilized his time like the little ant. Moral : Make hay while the sun shines

<u>ACTIVITY CALENDAR (SESSION - 2025-26)</u>	
MAY	JULY
* Modelling of Summer Wear	* Intersection English Poem Recitation Competition
AUGUST	SEPTEMBER
* Teej celebration * Independence Day Celebration * Janamashtami Celebration	* Intersection Paper Reading Competition
OCTOBER	NOVEMBER
* Best out of Waste	* Children's Day Celebration * Intersection Quiz Contest (Chote Ustad)
DECEMBER	JANUARY
* Kavi Darbar * Christmas Celebration * Art Integrated Activity	* Lohri Celebration

Healthy Mind Resides in Healthy Body Achieved Through Healthy Food

Dear Parents

Children are very precious to us, so kindly let us all be very careful about their health and eating habits. Please follow the **MENU** that has been prescribed for the children keeping their health and well being in mind:

Monday	:	Stuffed or Plain Parantha with Pulses.
Tuesday	:	Chapati/Parantha with seasonal Green Vegetable with less oil.
Wednesday	:	Brown Bread Vegetable Sandwich.
Thursday	:	Stuffed Parantha (Methi/Paneer/Aloo/Onion etc.)
Friday	:	Idli, Poha, Besan Ka Puda/Dosa or Puri Bhaji (Aloo, Chane)
Saturday	:	Any Bread Item (Sandwich/Bread Jam/French Toast/ Bread Butter and biscuits/cookies)

Note: Strictly follow the given menu and if possible encourage your child to eat sprouted (whole) pulse in any form. eg: salad, sabzi etc. One seasonal Fruit Slices to be included in the lunch everyday.

AVOID JUNK FOOD